The STATE HORNET

The voice of Sacramento State since 1949.

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ENS

Recent events have caused concern over the timeliness and effectiveness of the university's Emergency Notification System.

While some students received late notifications regarding the recent Sacramento City College shooting, some received none at all.

INSIDE, A2



Don't forget to check out the 40th annual San Fransisco International Stand Up Comedy Competition, hosted by Unique. It will be held in the University Union on Thursday, Sept. 24, 2015 at 7:30 p.m.

Compounds help with safety



Sheldon Kohatsu - The State Hornet

Christian Rositani locks his bike on a bike rack near the Guy West Bridge before heading to class on Monday, Sept. 21, 2015 at Sacramento State.

Brian Ratto
@bratto2002

Some of those who commute to campus are searching for alternative ways to get to campus in order to save time and money.

"If you drive around our campus right now there are not a lot of places left for our campus to grow and develop," said Tony Lucas, senior director of University Transportation and Parking Services. "Definitely the future here for Sacramento State is going to involve alternative transportation."

On the UTAPS website the Bicycles, Skateboards, Wheeled Devices Pathways, Lanes & Parking Compounds map can be found, showing that most of the area in between buildings are pedestrian zones.

In an April 2015 Facebook post, Sacramento State Police said cyclists should "always lock your bike to a fixed metal rack, preferably in a bicycle compound that is monitored by Community Service Officers. A Metal U-type lock is recommended. Take with you any parts that are quick-release and cannot be secured, and always record your serial number."

On campus there are three bicycle compounds: one to the west of Eureka Hall, one to the east of Riverside Hall near the walking path to the Guy West Bridge and one to the north of Benicia Hall.

"There has been no theft of a bicycle from a bike compound during the hours it is staffed," said Mike Iwasa, chief of police at Sac State.

Every year, UTAPS celebrates Bike Month in May where they give out information regarding safety and free items to those in attendance to help cyclist become more visible at night.

"Most students that live on campus can do most of their business on the Sacramento State campus," Lucas said. "For those times that students would need to go off cam-

COMMUTE, A3



Campus helps out at river clean up

Milagros Gomez
@_milisjournal

On Sept. 19, many members from the Sacramento State community took part in the 21st annual Great American River Clean Up.

The Great American River Clean Up has created years of awareness for keeping the environment clean around the Sacramento community.

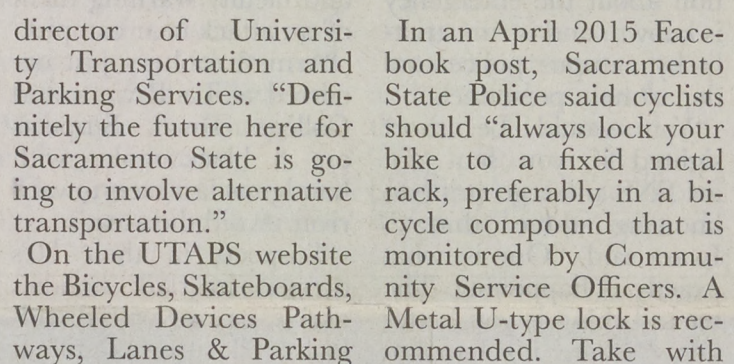
Held by the American River Parkway Foundation, The Great American River Clean Up is the largest event presented by the foundation with 22 locations where volunteers can sign up to participate.

Jordan Powell, volunteer coordinator for the American River Parkway Foundation, reflected on how the effect brought by the volunteer contribution in this particular river clean up has been largely noted.

"Last year we had more than 1,400 volunteers who removed more than 29,000 pounds of debris from along the Parkway," Powell said.

Sac State Sustainability and the Environmental Student Organization are an example of the collaborative Sac State efforts that

RIVER, A2



Amy Jo Garlet - The State Hornet

Students attend the 6th annual ASI Block Party on Thursday, Sept. 17, 2015 in the residence hall quad.

ASI engages Sac State community

Angel Kidka
@angelykid

Associated Students, Inc. hosted their annual ASI week September 14-17 as part of their initiative in promoting ASI and student body involvement.

President of ASI Melissa Bardo said the purpose of this week's events is, "to introduce students and faculty to the ASI Board of Directors and to show the campus what ASI is all about."

Part of the initiative is also to let students participate in fun activities, the opportunity to meet new people, while introducing them to the new school year.

"We want to reach out to students and make them have a good time, we want to have fun and get stuff done," said Mark Anthony Sohl, vice president of Student Affairs.

The agenda for the week included the filling and grand opening of the Food Pantry.

These events allowed students to make donations to the newly-opened Food Pantry and was welcomed with remarks from ASI staff and President Robert Nelsen, as well as a tour of the pantry.

Another event put on for ASI Week was "Bil-

ASI, A2

Fee increase tied to Union Well expansion

Joel Boland
@shmoland

A fee increase of $99 for expansions to the University Union and the WELL took effect for Sacramento State students this semester.

The fee increase was approved by former President Alexander Gonzalez in April 2015. In a memo to the Student Fee Advisory Committee, Gonzalez said "This increase will support only the maintenance, improvements, and appropriate expansion of the current University Union and the WELL."

Current President Robert Nelsen sent out a SacSend message on Sept. 14 to notify all students of the fee increase and make them aware of the reasoning behind it.

"I hope that you see this expansion project as an investment in Sac State and our future students," Nelsen said.

Students have been and will continue to be involved in the planning process, said Bill Olmsted, associate executive director at Union WELL Inc. This nonprofit is an auxiliary organization of Sac State and has a student majority board of directors.

"The student voice is incredibly important to us when we're making changes to what we really consider the students' buildings," Olmsted said.

The 3D images are not necessarily what the final buildings will look like, and will be used more as a starting point for the project architect, said Leslie Davis, executive director of Union WELL Inc.

"There will be some

UNION, A3



Photo courtesy of Bill Olmsted

Editorial Board

Editor in Chief
Kellie McCown
kelliemccown2004@gmail.com

Content Managing Editor
Jake Abbott
jake421abbott@gmail.com

Visual Managing Editor
Jessica Mangili
jmangili14@gmail.com

News Editor
Christine Kittle
christine.kittle@gmail.com

Assistant News Editor
Zachary Jordan
zacharyjjordan@gmail.com

Opinion Editor
Brittney Christ
brittney.christ@gmail.com

Sports Editor
Mike McGough
mykemcgo@gmail.com

Assistant Sports Editor
Jeremiah Martinez
jmartinezhw559@gmail.com

Culture Editor
Daniel Magalit
danielmagalit@gmail.com

Photo Editor
Sheldon Kohatsu
sheldonkohatsu@gmail.com

News Designer
Pierce Grohosky
grohoskyp@gmail.com

Sports Designer
Jessica Mangili
jmangili14@gmail.com

Culture Designer
Rachel Rosenbaum
rachelrosenbaumd@gmail.com

Digital Producer
Jonathan Ayestas
jonayestas@gmail.com

Copy Editor
Rachel Rosenbaum
rachelrosenbaumd@gmail.com

Public Relations Director
Megan Kohl
emkaeee@gmail.com

Advertising Manager
Kayla Nick-kearney
nickkearneyk@gmail.com

Advertising Designer
Joey Berumen
joeyberumen@gmail.com

Faculty Adviser
Stu VanAirsdale
stvcsus@gmail.com

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EDITORIAL Consider online data security

Recently, data breaches from major entities like Target, the CSU system and even government networks have affected thousands of people. Passwords, email addresses, student ID numbers, profiles, bank accounts and social security numbers have all been stolen electronically.

Whether you are new to college life or a graduating senior, you should not be new to technology and the many instances we use it. Every time you swipe your debit card you risk having your account information taken. Every time you open a suspicious email, you are at risk of phishing attempts.

This is not meant to scare you, but rather to warn you. Some attacks are inevitable. Target goers did not predict a data breach, but those with fraud protection and identity theft services did not worry as much.

Using payment cards is unavoidable. It is safer and more convenient than carrying wads of cash, so make sure your bank offers fraud protection on your accounts. Online communication is also very convenient and is the quickest way to send and receive information. Do not fear it. Just make sure you have anti-spyware on your devices. Check the sender's address on suspicious emails before you reply. PayPal will not be requesting that you "verify" your account information from john.smith@hotmail.com. In fact, PayPal never asks for any personal information through email.

In an age of digital information, where everything we do electronically leaves a trace, we must be vigilant in our own cyber security. Though some things cannot be helped, make sure you are prepared; be aware of what you are doing online, change your passwords on a regular basis and check your accounts for abnormal activity.

ENS helps to promote safety

Cintia Lopez
@cintialopezsac

The Emergency Notification System is set up to keep everyone informed in case of any emergency.

The recent shooting at Sacramento City College prompted students across many campuses to wonder why it took up to 45 minutes for everyone to receive a message from the ENS.

"I would feel like that's too long of a wait," said Elena Maraz, an English major at Sacramento State. "What if you were walking by and you got caught up in it, I don't know. It's just dangerous."

Sac State Chief of Police Mark Iwasa said the ENS at Sac State is set up to go out as soon as all information about the emergency is known, and is run strictly by campus police and department personnel.

"You would be short sighted if you sent out an ENS message prior to knowing three things," Iwasa said. "One is, what exactly is happening. The second thing is you better know where it's happening. The third is what you want people to do about it."

Iwasa said that without knowing those three components, the ENS would fail in keeping students and faculty safe on campus.

On Sept. 16 at 5:10 p.m., an emergency notification was sent out to all students and faculty warning them of an attack near campus.

"Armed robbery just occurred at La Riviera and College Town. Suspects are 3 black males with handguns last seen toward river. Avoid the area."

"Suspects in their 20's dressed in dark hoodies and jeans, one with dreadlocks; all suspects still at large. Police are in the area."

A final message was sent at 5:55 p.m. giving an "all-clear" to students and faculty.

"Police have searched the area near campus; suspects were not located. Police have cleared the scene."

Ken Barnett, special assistant to the vice president and former police chief, said as the years have gone by, many updates have been made to the system.

"In 2013, we implemented an updated system that had the capabilities to send email, SMS text messaging, phone calls, use of digital signs, campus webpage, desktop alerts and social media from one template," Barnett said.

The reason for sending out the message to multiple devices is to ensure that one way or another the message is seen by all. In some cases, students must rely on their friends to receive the message.

Laura Ramirez said she only received the ENS emails, but has always had trouble receiving the texts. She relies on her friends to keep her informed.

"Luckily one of my sorority sisters will post a screenshot on our group as soon as they see [the ENS message]" Ramirez said.

Iwasa said it is also important to check the campus police department's Facebook page, as the department is constantly posting both ENS messages and non-emergency related alerts to keep everyone informed.

ASI: week for student outreach



Amy Jo Garlet - The State Hornet
Students attend the 6th annual ASI Block Party on Thursday, Sept. 17, 2015. The event featured a live band, food trucks, as well as activities and booths from various organizations.

CONTINUED, A1

liards with the Board" in the Union. Students who attended the event had opportunity to meet and play various parlor games with the ASI Board of Directors, as well as the chance to win a gift card.

The biggest event of the week was the Block Party, which took place in the quad of the residence halls on Thursday.

The party included a live band, zip lining, a mechanical bull, food trucks, and multiple booths of vendors, clubs and organizations from all over campus.

Madison Hall, ASI community service event coordinator, who helped put on the event, said the block party is meant to help start the school year for ASI.

"This block party is the wrap up of ASI Week and the kick-off of the school year," Hall said. "It's cool because students get to have fun before school picks up a bit and also get to know the clubs and organizations available to them on our campus."

The quad was filled with students moving from section to section and enjoying the various activities that were being provided.

"We want to make Sac State not feel like a commuter campus and remind students that we have a vibrant and exciting campus life," Hall said.

The event ended with a final performance from the band, over 500 shirts being handed out by ASI and an energetic vibe from attendees.

Briana Contreras, a freshman at Sac State, talked about attending the block party.

"I had a great time, this event gave students the opportunity to go outside and meet people because everyone seems to stay in during the first few weeks on school," Contreras said. "I think ASI did a good job, and I got to meet and talk to a lot of people. I can't wait 'till next year."

RIVER: Sustainability offers volunteer options

CONTINUED, A1

are frequently present in the clean up.

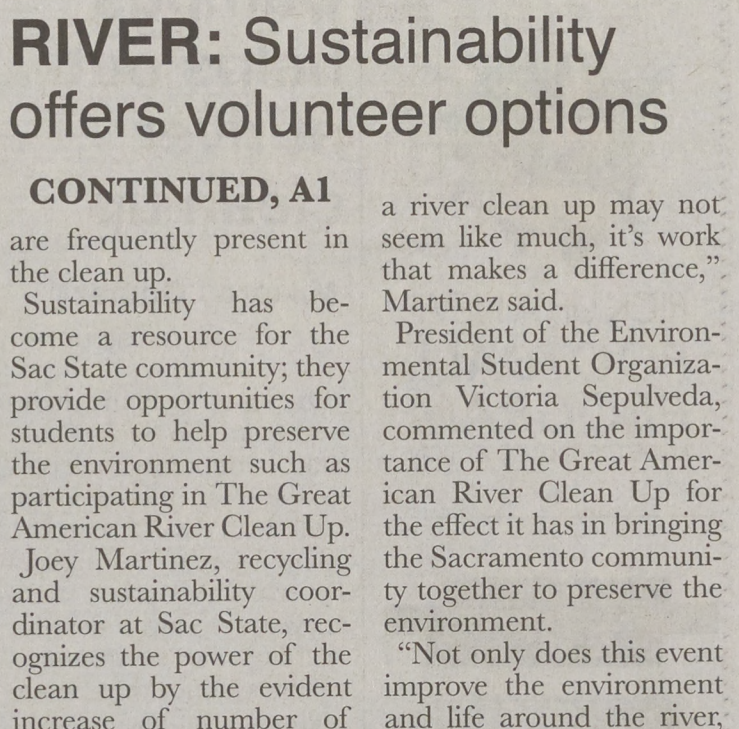
Sustainability has become a resource for the Sac State community; they provide opportunities for students to help preserve the environment such as participating in The Great American River Clean Up.

Joey Martinez, recycling and sustainability coordinator at Sac State, recognizes the power of the clean up by the evident increase of number of volunteers the American River Parkway Foundation gets each year.

"While participating in a river clean up may not seem like much, it's work that makes a difference," Martinez said.

President of the Environmental Student Organization Victoria Sepulveda, commented on the importance of The Great American River Clean Up for the effect it has in bringing the Sacramento community together to preserve the environment.

"Not only does this event improve the environment and life around the river, it also improves the educational experience on campus at Sacramento State," Sepulveda said.



Sheldon Kohatsu - The State Hornet
Members of the Sac State community took part in the 21st annual Great American River Clean up on Sept. 19, 2015.

UNION: fee will continue to increase over time

CONTINUED, A1

changes, but the core components will stay the same," Davis said.

To supplement the student fees, Union WELL Inc. and Student Health and Counseling Services will each contribute $4 million from their respective reserves. These reserves have been built up over the years with future expansions in mind, as well as acting as a reserve for building emergencies, Davis said.

The Union fee will increase by an additional $30 per semester when phase one of the Union opens in spring 2019, said Gonzalez in his April letter.

Also, built into the fee increase is a Consumer Price Index adjustment, meaning the fee will be adjusted for inflation each year. This annual CPI adjustment is based on the Bay Area CPI, according to the Union WELL Inc. expansion website.

The fee increase was originally intended to be $250 per semester and included plans for an events center. Gonzalez asked that the projects be separated and the events center be put to a student vote.

The student referendum on the events center in fall 2014 did not pass. "Raising funds for an events center for our campus now falls on my shoulders, and I have made it one of my priorities," said Nelsen in his latest SacSend message.

Improvements to the WELL will include additional locker rooms, gym courts, climbing wall space, fitness studios, as well as more space for free weights and cardio.

The Union will see an expansion of food service and casual seating, more meeting rooms, and a 1,000-seat satellite ballroom, among many other improvements.

Student Health and Counseling Services will benefit from additional exam rooms, physical therapy space, and individual and group counseling office space.

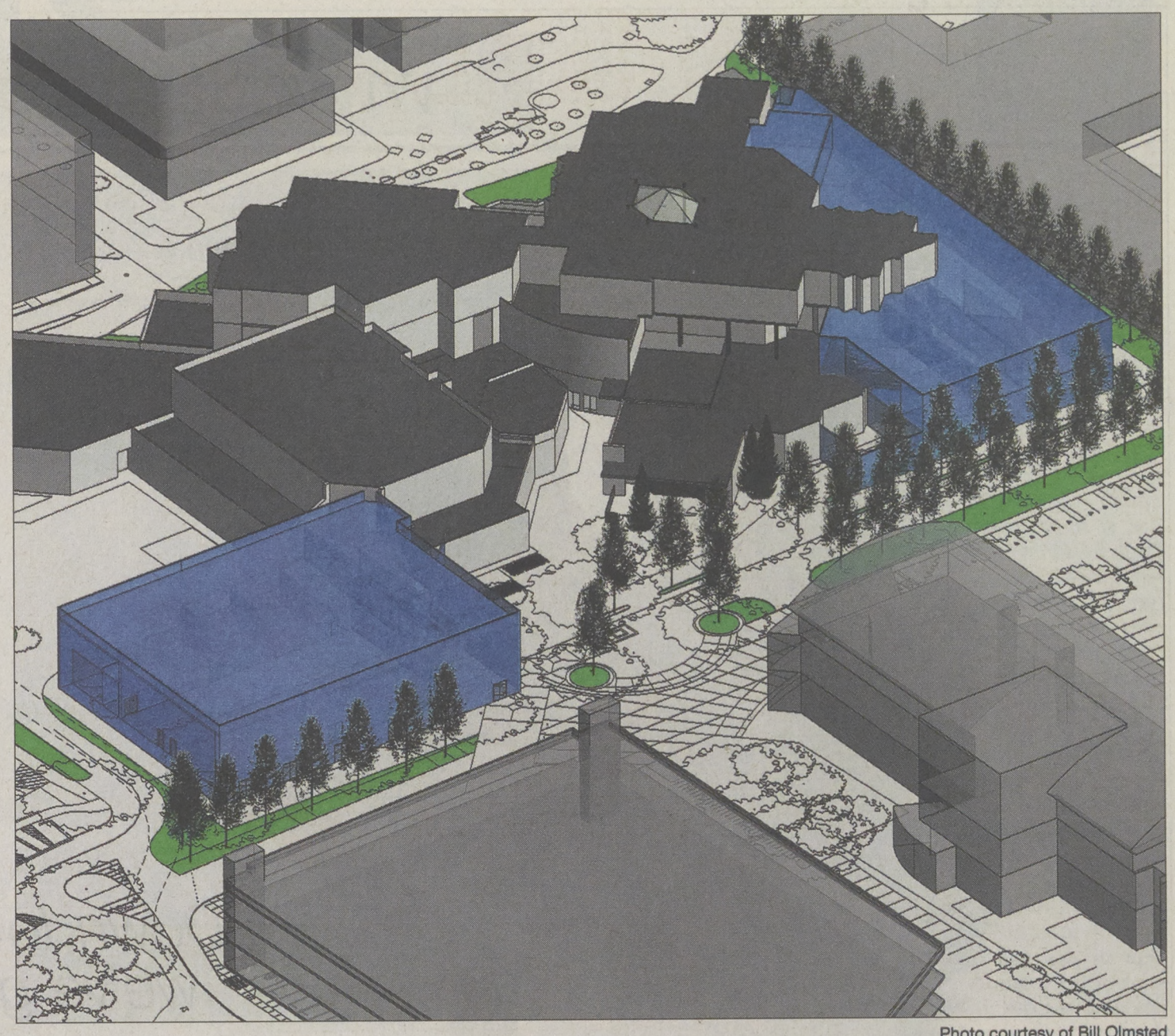


Photo courtesy of Bill Olmsted

COMMUTE: Students try alternative types of transportation

CONTINUED, A1

pus there are a couple ZIP cars available to rent by the hour."

Public transit is another option that students, faculty and staff can use as an alternative form of parking.

"We have the Hornet Express Shuttle, with three lines servicing the campus and areas around the campus," Lucas said.

These shuttles are funded through parking fines and forfeitures revenue collected from campus parking violators, as stated on the UTAPS website.

The Sac State website said with your student OneCard and the current semester commuter sleeve, you can ride Sacramento Regional Transit buses and Light Rail for free.

"It's easier than driving your car out there and it's faster," said Elizabeth Melara, a Sac State sociology major.

The green line navigates the perimeter of campus making one or two stops outside of campus and has had a larger number of ridership, Lucas said.

"Because of the increased amount of ridership on this route we have added another shuttle to the route," Lucas said.

The Hornet Express Shuttles makes multiple designated stops on and around campus depending on the route. Schedule information can be found on the UTAPS website.

In partnership with the Sacramento Transport Management Association, UTAPS offers carpool programs through the Commute Choices Program.

"You can sign up through the Commute Choices Program to find a ride-share partner," Lucas said. "Once you sign up for this as a student, if your carpool partner flakes on you while you're in school, you can get an emergency ride home up to $50 for a ride to take Uber, Lyft or a taxi."

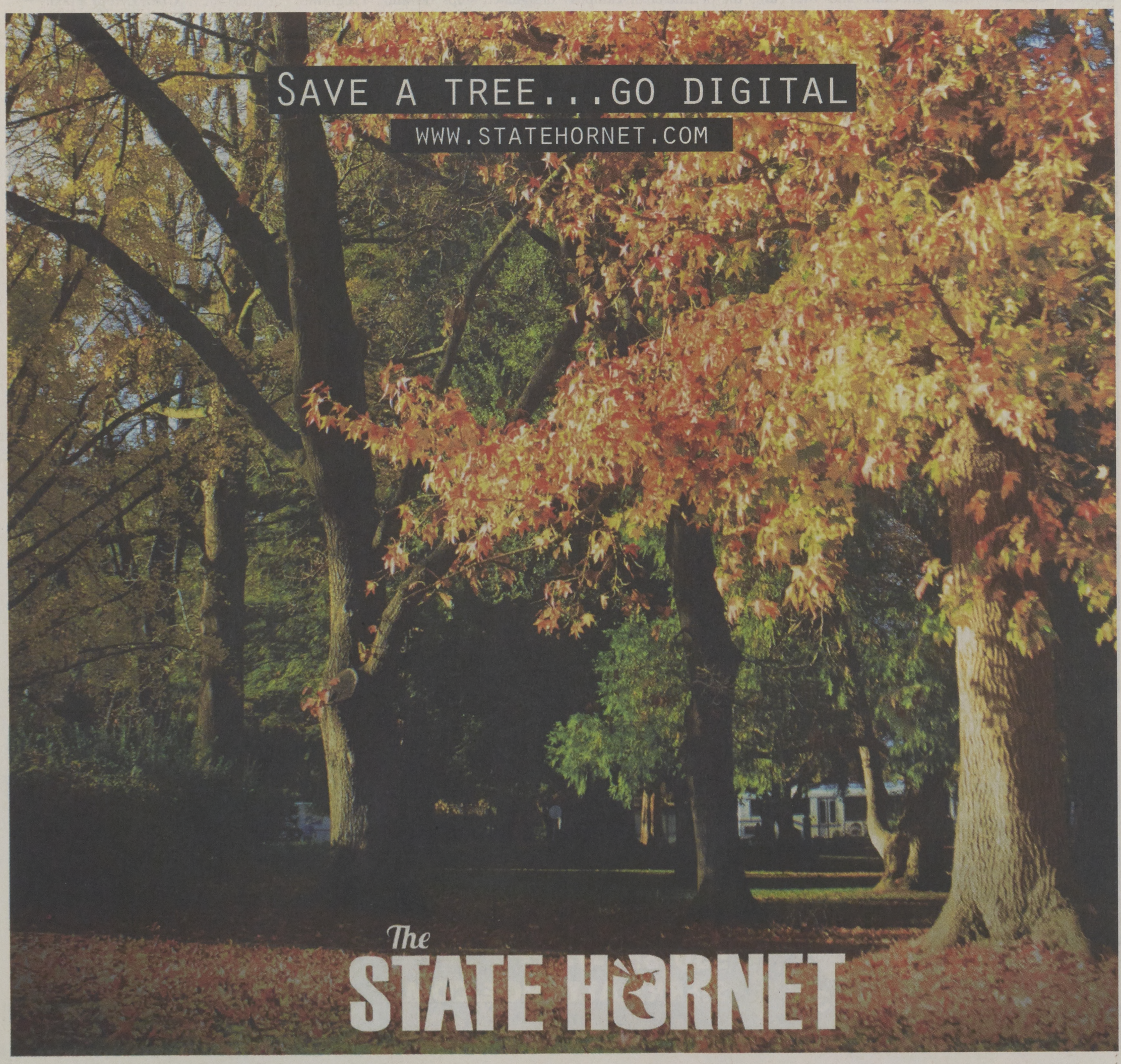


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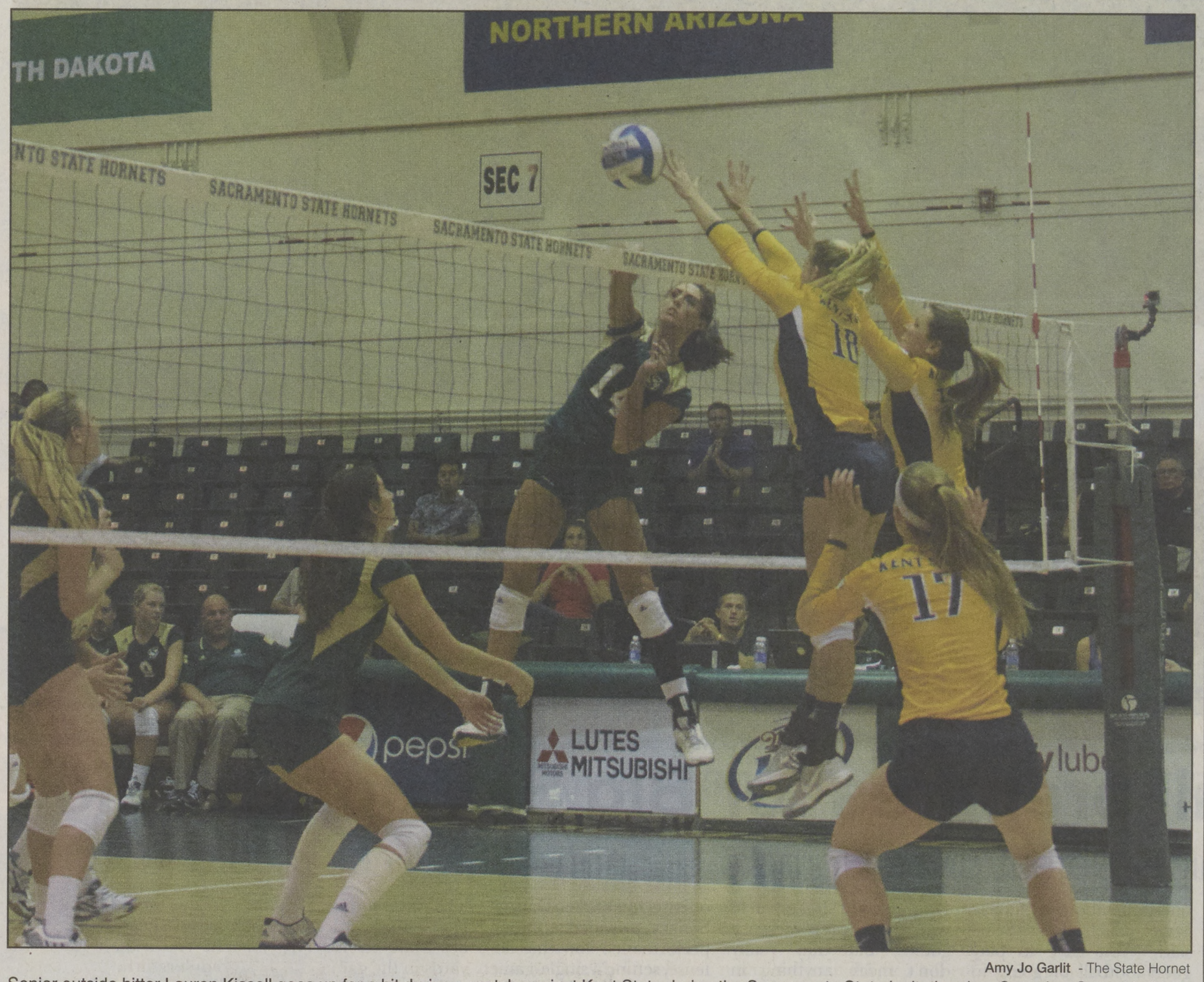


Down to the last crumb...
we've got you covered

The STATE HORNET



PICK UP A NEW FOOTBALL PROGRAM INSIDE THE CULTURE SECTION EVERY THURSDAY!



Amy Jo Garlit - The State Hornet

Senior outside hitter Lauren Kissell goes up for a hit during a match against Kent State during the Sacramento State Invitational on Saturday, Sept. 19, 2015.

Sac State takes 2nd in invitational

Hornets' win streak ends at 12 with home loss to Santa Clara

Elliot Jones
@elliotj31

Sacramento State's volleyball team lost to Santa Clara University 3-1 (21-25, 23-25, 25-18, 22-25) on the closing match of the Sacramento State Invitational on Saturday night.

The Hornets took second in the tournament with Santa Clara taking first, Kent State taking third and the University of Nevada, Reno taking fourth.

The Hornets had a 12-game winning streak snapped with the defeat and a historic start to a season comes to an end. They sit atop the Big Sky Conference at 13-2.

Only the 1995 team has had a better start to the year in school history.

"I think we played really well actually," said coach Ruben Volta. "We played a good opponent, it forces you to play at a high level, just a little bit of execution here and there, we let them get to the lead in that last game but I was really happy with how we competed and how we fought back."

During the first set, Santa Clara set the tempo, winning 25-21. Santa Clara never gave up the lead in the first match with a hitting percentage of .444.

The Hornets played a quality set with a hitting percentage of .341 as a team during the first set.

The second set was another dominating effort by Santa Clara, with them winning 25-23.

Santa Clara didn't surrender the lead for the second straight set.

The Hornets pushed back in the third set winning 25-18. The lead changed three times, but Sac State put it away to avoid the sweep.

During the fourth set, Santa Clara got back to the form they were in the first two sets.

They jumped out to a 5-0 lead and looked to run away with it but the Hornets came all the way back to lead 21-20.

Despite their best efforts, Santa Clara took the set to win the match and tournament.

"I think a little more energy through us could have happened more," said Sac State team captain Morgan Stanley. "Talking a lot more communication wise so we could put the pressure on them."

Lauren Kissell led the team in kills with 21 and she also led in hitting percentage at .439.

Her performance earned her the Big Sky Conference Volleyball Player of the Week honor, announced by the conference on Monday.

Sloan Lovett had 11 kills and Shannon Boyle had 10.

The team was outblocked by Santa Clara with 14 blocks to the Hornets' six.

Sac State's team also had their work cut out for them in their first match Saturday against Kent State.

They lost a hard fought first set by a score of 29-27.

The Hornets got better as the match went on, however, winning the next three sets (25-23, 25-19, 25-13). Sloan Lovett led the team in kills with 18 as the team hit for a combined hitting percentage of .393.

The Hornets had a great start to the tournament, defeating Nevada by a final score of 3-1 on Friday evening.

Sac State won the first set 19-25 with a strong effort from Kissell with seven kills. Nevada pushed back in the second set, winning 25-20.

Sac State answered in the next set winning 25-21, maintaining the lead the

KISSELL, B2

Men off to rough start

Christopher Bullock
@CWayneBull

Sacramento State men's soccer is already a third of the way through the season, and so far, it has been a struggle for the team to win games.

Going into their game against the University of the Pacific on Sept. 18, the Hornets were 1-4-1, and were struggling to score, with only seven goals in the first six games.

The team won the game to boost their record to 2-4-1, but only scored one goal, a problem that sophomore midfielder Paul Geyer said needs to be fixed.

"That's where you make your money," Geyer said. "If we don't score, you're not going to win many games. If we can turn that around, our win total will increase."

Coach Michael Linenberger, who's been coaching at the university for 27 years, said that this year's team has started off slow, but that they are starting to play better together as a unit.

"Obviously we're disappointed in our overall record and the results," Linenberger said. "But we're pleased with the progress we're making each game."

This year's team, Linenberger pointed out, is one of the youngest he's ever coached.

This year's roster has seven freshman, seven sophomores, eight juniors, and only four seniors: defender Brad Kellogg, midfielder Cesar Mendoza, forward Issac Flores and midfielder Nate Nugen.

Those four, along with valuable leadership from junior team captain Javier Munoz, have kept the team calm while going through this rough start.

Through the first seven games of the season, the team has averaged 11 shots a game.

However, their shot percentage is only .104.

Munoz said a lot of those missed opportunities were just bad breaks.

"Luck hasn't been on our side, but we just move forward to the next game and give our best," Munoz said.

The one thing the team has been consistent in, and not in a good way, has been penalty kicks.

Heading into the Grand

MEN, B3



Francisco Medina - The State Hornet

Midfielder Bert Corona dribbles the ball on Friday, Sept. 18, 2015 at Hornet Field. Corona had a shot and an assist.

Runners ready for home meet

Andre Newell
@andre_newell24

The Sacramento State cross country team is set to have its very first home meet of the season on Saturday, Oct. 3 after having three previous meets on the road.

The Hornets are coming off of the Fresno State Invitational, where the women's team finished in third place out of nine teams and the men's team finished in fourth place out of seven teams.

Although they had this past weekend off, the Hornets have been in preparation for not only its upcoming home meet in less than two weeks, but its road meet at the Stanford Invitational on Saturday.

The men's cross country team has been led by senior Jacob Huston, who has paced the team in both the UC Davis and Fresno State meets.

Huston had nothing but positive comments about the two previous meets.

"I feel a lot better about the upcoming meets now that I have two meets under my belt," Huston said. "Going out and winning the Davis meet and finishing in the top 10 at Fresno State felt really good, so I feel really confident."

Huston finished first out of all Sac State runners and ninth out of all runners in the Fresno State Invitational with a time of 18:34 in the 6K race.

"I am excited for our home meet because it's always fun to race at home."

- Chloe Berlioux
Senior, runner

When asked about what the team's mindset is about the upcoming home meet, Huston had a simple answer.

"Our mindset is to just race," he said. "We don't have too much of a plan except for go and compete and not be afraid to make moves."

According to Huston, they do not want to put too much pressure on themselves.

"We don't try to over-complicate things," Huston said. "We do have goals but we do not want to put pressure on ourselves, we just want to beat jerseys."

The women's cross country team has been led by senior Chloe Berlioux.

The runner and team leader placed second in the Fresno State Invitational last week with a time of 14:13 in the 4K.

"We've done really well in building on our team goals in the first two meets," Berlioux said. "We still have the Stanford meet, which will be a very big test, but I am excited for our home meet because it's always fun to race at home."

Huston was also looking forward to the upcoming home meet and thinks the

CROSS, B3



Andrew Tat - The Daily of the University of Washington

Quarterback Daniel Kniffin throws a pass to a reciever during a game against the University of Washington on Saturday, Sept. 12, 2015 at Husky Stadium. The Hornets were defeated 49-0.

Football prepares for Big Sky competition

Second straight defeat gives Hornets 1-2 non-conference record for 2015

Jeremiah Martinez
@jmartinez_SHS

Sacramento State's road to a Big Sky Conference championship this season in football will not be easy, as the conference is stacked with talented teams from top to bottom.

In the 13-team conference, five are currently ranked in the Football Championship Subdivision top-25 coaches poll: Eastern Washington University (No. 11), Montana State University (No. 13), the University of Montana (No. 15), Portland State University (No. 18) and Cal Poly (No. 22). Northern Arizona University was ranked No. 24 in the previous week's poll.

Last season, the Hornets' defense was the worst in the Big Sky, averaging the most allowed points with 40 per game in conference play.

Overall, the unit allowed the 10th most yards in conference play with 492.8 per game.

"From top to bottom, you've got to have your guns loaded, there's no question about it," Sac State coach Jody Sears said. "You have to play good football or going to come out on the low end of things."

The Hornets (1-2) will begin conference play when Eastern Washington (1-2) heads down to Hornet Stadium this Saturday.

The Eagles feature an explosive offense that is averaging 458.0 passing yards per game, which is enough for best in the FCS.

In EWU's previous game against Montana State, they were victorious in a 55-50 in a shootout in a matchup of ranked teams.

Sac State played in a non-conference game on Sept. 19 against Weber State University, who participates in the Big Sky, but the Hornets were defeated 32-14.

Hornets' quarterback Daniel Kniffin said the team has been preparing for Big Sky since the start of the season because those games count in the conference standings.

"Every game we're getting ready for the Big Sky because conference is what really matters," Kniffin said. "It's great to win these preconference games, but they really don't mean anything in the long run. We're getting ready for conference."

Kniffin also said the offense has to find tendencies to break apart defenses in the conference.

The redshirt sophomore learned about the toughness of the team after being blown out 49-0 against the University of Washington on Sept. 12.

That toughness will prepare the Hornets for the difficulty of Big Sky competition, according to Kniffin.

"Nobody on our team gave up," he said. "Nobody faltered, it was just a rough game for us, but we were all competing until the very end. So we know we're a tough team and we're ready for conference."

Kniffin quite possibly played his worst game against Weber State, throwing three interceptions and completed 14-of-32 attempts for 132 yards and one touchdown.

Despite a rough game for Kniffin and the Hornets' offense, linebacker Darnell Sankey provided a strong performance for the defense, setting a single-game record of 27 tackles in the game.

"He's the heart and soul of our defense," Sears said. "He's a really good leader, he's a really good football player and we got to just keep doing a good job of putting him into position to make plays."

Last season, the Hornets went 4-4 in Big Sky play, but started at 1-4 before ending the year on a three-game winning streak.

If the Hornets are able to get a win against Eastern Washington, it would improve Sac State's conference winning streak to four, dating back to last season.

For the Hornets' defense, it's important to get back on track against tough offenses in the conference, such as Eastern Washington, Montana, and Montana State.

In the game against Weber State, the defense held down drives, forcing three field goals in the first half, but gave up 448 total yards.

The Wildcats' rushing attack was a problem for the Hornets' defense, as Weber State rushed for 176 yards in the game.

"Every game is a great game in the Big Sky," Sankey said. "Every game is a battle. Montana, Montana State, all of them play the same way and that's aggressive. [They have] great offenses, high power offenses and Weber State as well...we just have to step up on D. Our offense could put up points, so we're not worried about that."

Freshman Joey Banks, who is coming off a medical redshirt year from an elbow injury, said preparation every week won't be significantly different than the first three non-conference games.

"There's a lot of tough teams in the conference," Banks said. "Everyone is doing pretty well, Cal Poly played ASU [Arizona State University] real tough, the Eagles playing tough, Montana is playing tough, all these teams [are] playing good....nobody is going to beat us, but ourselves."

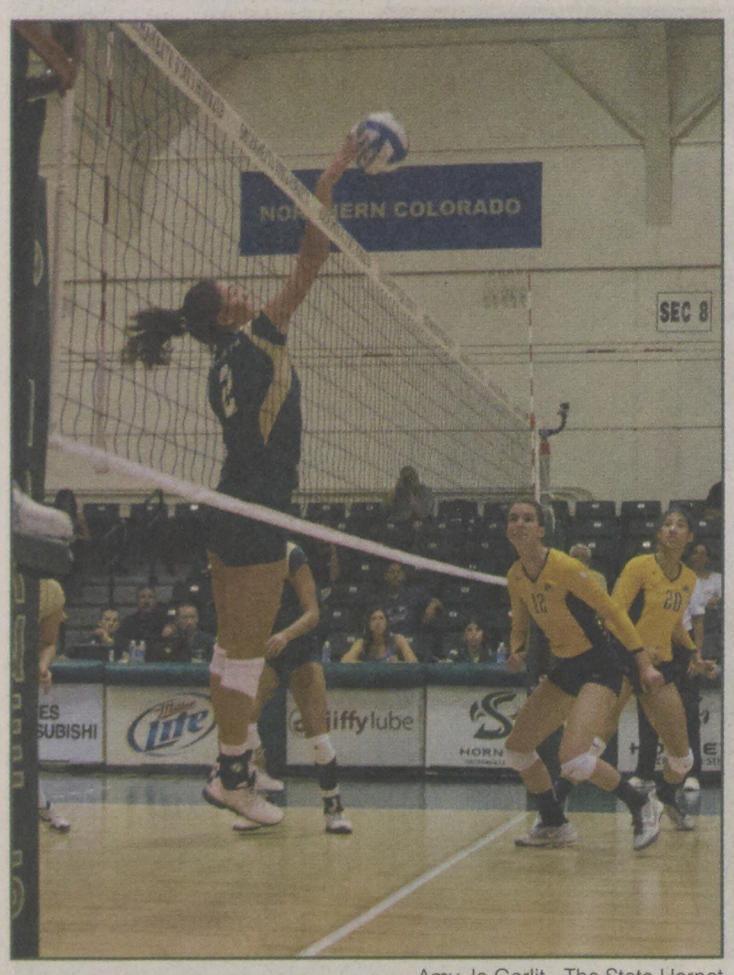
The freshman defensive back has accumulated 17 tackles this season and received a knee injury during the Weber State game and didn't return.

Banks is one of three freshman starters on the defense, alongside Manny Scott-Anderson and Wyatt Ming. George Obinna has also made an impact as a freshman on the defensive line.

Sears said he wants to see the defense learn how to play together for all 60 minutes of a game.

"I'm just looking forward to the opportunity to see where these guys are at in terms of their mental preparation and taking care of the execution, specifically on defense ... and how everything fits together," Sears said. "So we could take another step and get better."

After the Hornets' matchup against Eastern Washington on Saturday, they will play at home for a second straight week taking on Northern Colorado on Oct. 3. Then they will play on the road for two consecutive weeks at Montana and Southern Utah University on Oct. 10 and Oct. 17.



Amy Jo Garlit - The State Hornet

Junior middle blocker Courtney Dietrich tips a ball against Kent State on Saturday, Sept. 19, 2015 at the Hornets Nest.

KISSELL: Outside hitter leads team in kills

CONTINUED, B1

entire set. The fourth set went to the Hornets with a score of 25-20.

Kissell led the team in kills against Nevada with 22.

Madeline Cannon played well with a hitting percentage of .500 on the night, which led the team. As a whole, the team had four blocks, 70 digs and a hitting percentage of .287.

Kissell and Lovett are proving to be quite the tandem this year leading the team in kills.

Kissell leads in kills with 208, and Lovett close behind her with 198. Lexie Skalbeck leads the team in digs by a large margin with 272. Boyle has the second-most digs with 140.

"We still have so much to prove and we're going to go a long way with this team," Lovett said.

Through 15 matches, the Hornets are hitting at a percentage of .248, which ranks third in the Big Sky Conference.

They lead the Big Sky in service aces with 44, averaging 1.86 a set.

They have 777 total kills, averaging 13.3 kills per set.

They have 125 total blocks averaging 2.23 a set.

Their 894 digs give them an average of 15.96 per set.

The Hornets are in first place in the Big Sky Conference with a record of 13-2 and face Southern Utah University on Thursday in their first conference match.

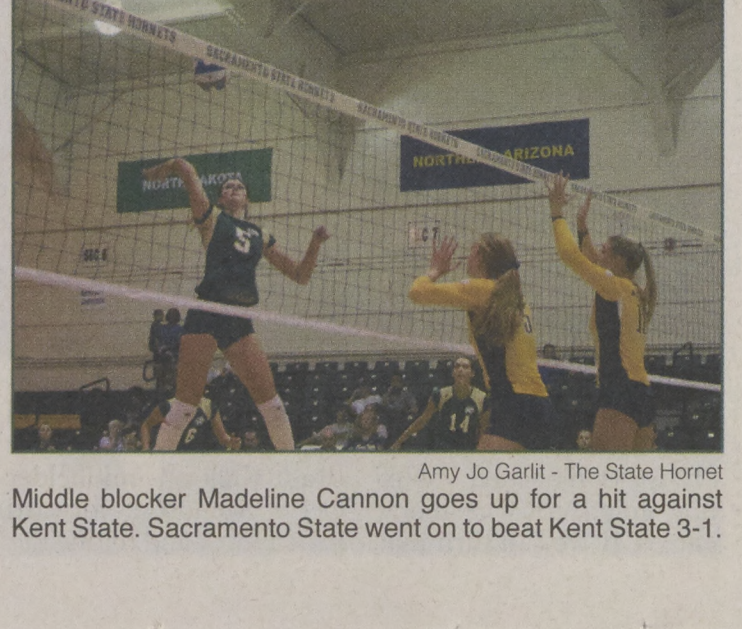
"We're all excited for it, [we have] a lot of preparing to do," said Kissell of their upcoming match.

The match against Southern Utah will take place at home for the Hornets at 7:30 p.m. Thursday.

Southern Utah is currently in third place in the conference with a 9-4 record on the season.

They are coming off of a win against Portland State University, but lost their two prior matches this weekend to Fresno State and UC Davis, both teams Sac State has beaten earlier this season.

"We're playing well, we compete hard and I think we're getting better every week," Volta said.



Amy Jo Garlit - The State Hornet

Middle blocker Madeline Cannon goes up for a hit against Kent State. Sacramento State went on to beat Kent State 3-1.



Francisco Medina - The State Hornet

Midfielder Ivan Ramirez dribbles through two Pacific defenders as he heads toward the goal on Friday, Sept. 18, 2015 at Hornet Field. The Hornets went on to defeat the Tigers 1-0.

MEN: Team stays competitive despite close losses, penalty issues



Francisco Medina - The State Hornet

Hornets celebrate Brad Bumgarner's lone goal scored against the Pacific on Friday, Sept. 18, 2015 at Hornet Field.

CONTINUED, B1

Canyon University Soccer Classic on Sept. 11-13 in Phoenix, the team was in the top five in the country in fouls, with 12 yellow cards, one red card and four penalty kicks.

Linenberger said he is happy with the team's aggressiveness, but acknowledged that the fouls were a problem going into the tournament.

"I like the fact that we are competing and that we're aggressive, but we have to do that without fouling, especially near our own goal," Linenberger said.

The balance the team is looking for, he says, is to be able to play hard without causing so many fouls.

Geyer agreed with his coach's analysis.

"Individuals need to make better plays defensively. We need to be cleaner in the back and make better plays so we're not fouling so much," Geyer said.

Despite their losing record, the team has been competitive in each game, with their most notable losses only being by two goals.

In the Hornets' third game of the season, facing San Jose State University on Sept. 4, the team scored twice in the first 15 minutes. Defensively, they weren't able to hold that lead; as they allowed three goals in a eight minute span in the first half. The Hornets eventually lost that game 4-2.

In their first home game of the season against CSU Bakersfield on Sept. 6, the team fought its way to a 1-1 double overtime tie.

The team won its first game on Sept. 11, a 2-1 victory over the University of Incarnate Word.

The Hornets allowed an early goal to Cardinals' midfielder Noah Keats, but rebounded in the second half. Goals by midfielder Bert Corona and forward Cylus Sandoval gave the Hornets the lead, and propelled them to their first win.

On Sept. 13, the Hornets lost a close 2-1 game to Grand Canyon University in the finale of the GCU Soccer Classic.

After Bert Corona scored his second goal of the season only 20 seconds into the game, the Hornets could not take advantage of their early lead. Corona's goal was the only shot they had on goal in the first half.

Grand Canyon scored a late goal in the second half to tie the game and send it into overtime, where the Hornets' goalkeeper Philip Bru caused an own goal in the 100th minute, giving Grand Canyon the lead and the win.

Linenberger said that the game served as a perfect example of the team not taking advantage of scoring opportunities.

"We're doing a better job of keeping the soccer ball and creating chances, but we don't feel like we're finishing our opportunities," Linenberger said. "We had plenty of chances to go up 2-0, but didn't."

With Big West Conference play starting in two weeks, the team is currently behind UC Santa Barbara (2-2-1) and Cal Poly (3-1-1) in the North division.

When asked about how the team felt about their chances in the conference, Geyer said they felt fairly confident they could win not just the division but the entire conference.

"Last year, UC Riverside won only one game in non-conference play, and they ended up winning the whole thing," Geyer said. "So if we can win six conference games and still get in the playoffs, then no one cares about the 10 non-conference games."

Munoz said the team has the pieces in place to win the conference.

"We've got a lot of players out here who are hungry, and they want to work," Munoz said. "I feel it's only going to make the team better. Hopefully from there the results will start to come."

The Hornets will get a chance to see if their win against Pacific was a sign of things to come, as they will be suiting up against Saint Mary's College on Sunday, Sept. 27.

CROSS: Team stays optimistic for upcoming meets on schedule

CONTINUED, B1

Stanford Invitational will definitely play a part in preparing the team for its home meet the following week.

Huston has set a very high goal for himself.

"I want to try and win the home meet," he said.

Head coach Laura Harmon seems very optimistic about the upcoming meets, and is doing all that she can to make sure that the team is ready to go out and compete in races.

"At this point, we are making sure that we are putting in a high volume of work in practice," Harmon said. "We are also working on our mental toughness."

> **"Everything has become a lot more structured in a good way."**
>
> - Jacob Huston
> Senior, runner

Berlioux thinks that mental toughness is a very important factor while running a race.

She said that a race is 80-20: 20 percent is one's physical ability and 80 percent is one's mental toughness.

Huston has also had a positive attitude about how he feels all of the changes that the team had to go through with the new coaching staff and losing a total of 12 people last year.

"We've done a much better job adjusting to all of the changes we've undergone," Huston said. "Last year there were a lot of things that needed to be fixed, and this year with the new coaching staff, it's completely different. Everything has become a lot more structured in a good way."

The Hornets will lace up for their upcoming meet at Stanford on Saturday, followed by their home meet the next week on Oct. 3.



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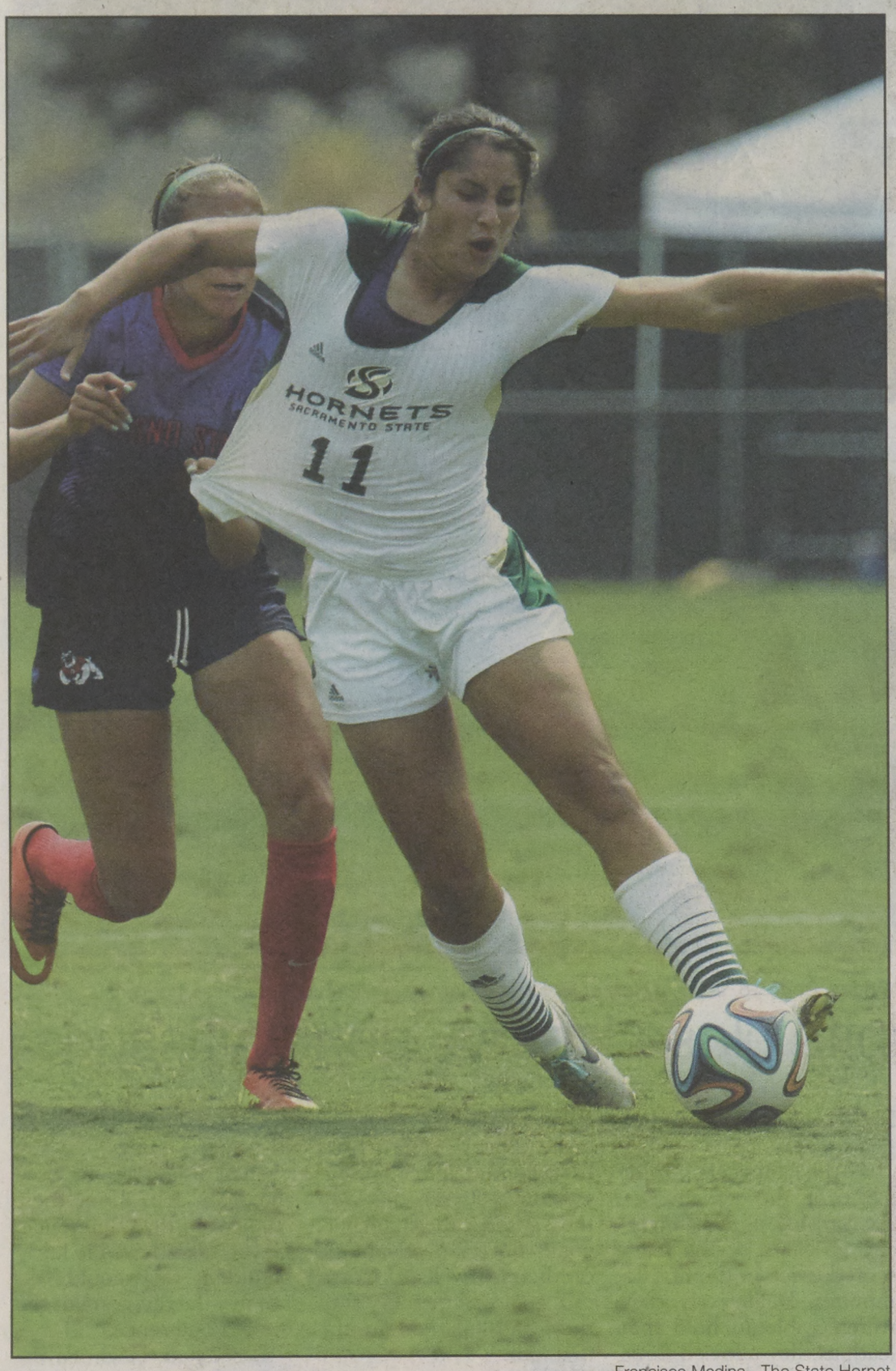
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Office of Graduate Diversity

Hornets ready for conference opponents



Francisco Medina - The State Hornet

Midfielder Jennifer Lum dribbles down the field while having her jersey pulled by a Fresno State defender on Sunday, Sept. 13, 2015. Lum had a total of five shots on goal.

Karah Butac
@karahbutac

The Sacramento State women's soccer team (2-6-0) will begin conference play this week, hosting the defending Big Sky Conference champion, Northern Arizona University, on Friday.

Coming into conference play, the Hornets have positive attitudes and high hopes.

"I think the morale is pretty good, we're looking at the big picture, and that's conference," coach Randy Dedini said.

One main goal Sac State has this season is to win its conference.

"Our conference is very winnable and our expectation is to win conference," Dedini said.

Last season, the Hornets' final conference record was 4-6-0. There are 11 teams in the Big Sky Conference, and last year Sac State earned a ninth-place finish.

Senior McKenna Swanson is looking forward to doing well and getting the chance to compete and win the Big Sky Tournament.

"A goal is to win our conference and make it into NCAA playoffs, because we haven't done that since I have been here and I have been here for four years," Swanson said.

During her freshman and sophomore years, Swanson earned Honorable Mention all-Big Sky honors for her efforts.

Swanson plays defender for the Hornets. During her freshman and sophomore years she started all 18 games, and her junior year she started in five games and played in six games before she tore her ACL.

She is still recovering and has not played yet this season.

The Hornets' non-conference schedule has helped them get ready for Big Sky opponents. Sac State went 2-6-0 during non-conference play.

"It has prepared us a lot," Swanson said. "We're just trying to figure out the lineup, and who works with who and who has chemistry. We played really strong teams, so we are excited for conference because we feel like we are prepared to take down any team in the Big Sky."

The Hornets have worked to prepare for this upcoming conference season.

"We prepare every day as well as we can, we work on the things that we need to work on and improve in the areas we need to improve," Dedini said. "After every game there is something new we need to improve on."

One way Sac State has prepared for conference play is creating good chemistry throughout the team on and off the field.

"We've been playing good soccer, the chemistry of this team is great," Dedini said.

This season, Sac State has a total of three seniors, 11 juniors, eight sophomores and four freshmen on its roster.

Transfer player from UC Davis, Kayla Collins, had difficulties connecting with her new teammates at the start of season, but as non-conference play continues, she has built a strong bond with them.

"I know for me, at least personally, coming into a team that's pretty much all girls that have been together for the past year, I struggled to connect; it's hard to come into something like that and connect immediately with everyone," Collins said. "As we move forward, everybody's connecting really nicely on the field and it shows in the way we play."

During Collins' first collegiate season with Davis, she totaled one assist, which was during the Causeway Cup in which the Aggies defeated the Hornets by a 1-0 score.

Collins already has two goals this season and one assist. She has six shots on goal and 13 shots overall.

The Hornets look to be successful this season in addition to staying healthy.

"Personally for me I would like to stay healthy throughout the entire season and being able to play for the team, because last season I was injured the entire time," Collins said. "So I am hoping I can stay healthy this whole season."

Going into conference play, the Hornets' mentality is to stick together and win.

"Work together, stay positive and win," Collins said.

Sac State will host its first conference game against Northern Arizona University on Friday at 4 p.m.



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PICK UP A NEW
FOOTBALL PROGRAM
INSIDE THE CULTURE SECTION

CULTURE



Graphic by Pierce Grohosky

Zodiac signs influence people

Nancy Rebolledo
@thenancyfancy

Astrology has not always been scrutinized. It has endured many years, and though people seem less influenced by it, it still leaves its mark on believers and skeptics alike.

Zodiac signs are based on what month of the year one was born in. There are 12 signs, each with a unique personality type.

Students like third-year health science major Madison Elkins do not necessarily go out and look for their daily horoscope. However, they will read them if they happen to be in a magazine or on a website they frequent.

"Occasionally, if I'm looking through a magazine, it will say 'horoscopes,' I'll look up my horoscope," Elkins said.

However often one reads their horoscope, some still raise questions about its legitimacy. In the age of the Internet, one has to question who gave the publisher of the daily horoscope the authority to write them out.

Since the time of the Romans, shamans and priests were the ones in charge of horoscopes.

The fortunes based on one's specific horoscope were mostly seen as a way to live one's life, based on traits from the names of given constellations.

For example, someone born in late June would be a Cancer. In turn, Cancers are often seen as quiet people dedicated to their family and friends.

Shamans would still, however, make a fortune on the specific person they were talking to no matter if they knew the horoscope of the person.

"There are some vague portions about it, I agree with that, but most of the generalities are coming from the daily and weekly horoscopes, but the main horoscopes, for example a horoscope for a Scorpio, their supposed traits, I think, are more specific and have some kind of correlation to the individuals," said George Ghattas, who is earning a doctorate in physical therapy.

"I've definitely come across more people that have bought into it more recently... "

- Nicole Palatinus
CSUS student

Currently, mainstream media may not always take the time to ask real shamans and priests about the accurateness of the fortune.

Readers may begin to question how these new horoscope fortune tellers obtained their information.

Magazines like Cosmopolitan regularly publish articles like "Your Shoe Type Based on Your Horoscope Sign."

Zodiac signs are supposedly based on personality, so one can begin to wonder how exactly the perfect shoe will be determined for each sign.

Online websites like Tumblr allow users to blog about horoscopes, often making fun of them, and ultimately turning them into mainstream "memes."

The memes on horoscopes are endless. One post about horoscopes by Tumblr blogger "ferait," refers to the zodiac signs as family members, citing the signs as "Leo: golf uncle," "Aquarius: sports cousin" and "Taurus: BBQ dad."

Whether or not the similarity is correct has yet to been determined.

How do the horoscopes found online compare to how people are in real life? Coincidentally Elkins and her boyfriend share the same birthday, including year. Although she says that she and her boyfriend do not always see eye-to-eye, she does believe sharing the same horoscope does have a role in why they are so similar.

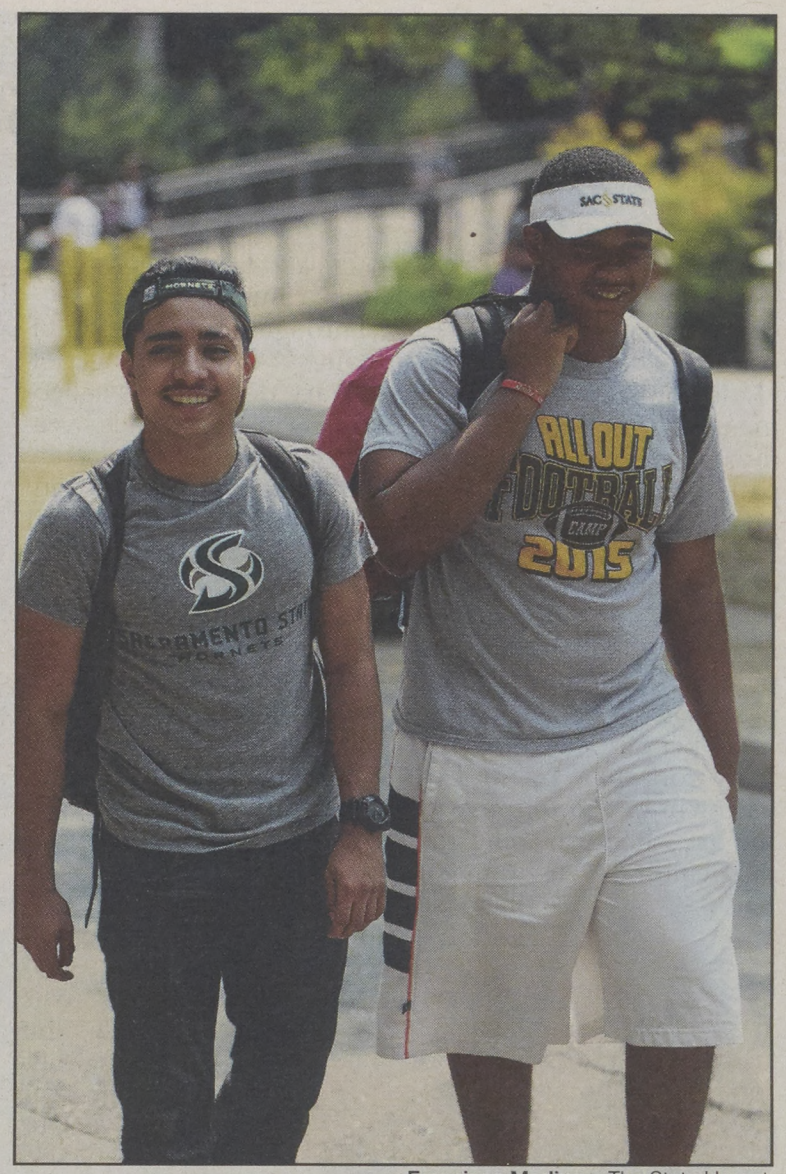
"We have a lot of similarities, but at the same time we're completely different in other things," Elkins said. "If we were to read our horoscope it could totally apply to me but not to him."

"I've definitely come across more people that have bought into it more recently than let's say 10 years ago," said Nicole Palatinus who is pursuing her doctorate in physical therapy.

Whether horoscopes have recently become much more popular or not, it is up to the reader to consider its validity and determine if its strictly being used as a form of entertainment.







Francisco Medina - The State Hornet

(Left) Freshmen Anea Fielder, Emily Urbina, and Susana Carrillo represent the Sacramento State Marching Band for Spirit Friday as they walk past the University Union. (Right) Freshmen Roman Gallegos and Alexander Woods wear their Sacramento State apparel for Spirit Friday on Sept. 11, 2015 as they walk past the library.

Union gives prizes to students

Devina Singh
@devinawrites

Now that the first two weeks of crashing classes, lack of parking, "where is my class again?" chaos is over, we can all get back into the swing of things and start to really enjoy all of the events Sacramento State has to offer.

Like semesters past, the "University Union Prize Patrol" will be out and about every Friday hunting down students in the Union sporting their Sac State pride and hand out free goodies to them.

If you have never heard about this ongoing event before, you are not alone.

Second-year biochemistry major Raj Winderkaur said she is a commuter student who had not heard of "Spirit Fridays" before either.

However, after a brief overview of the event from friend Doreen Chande, also a second-year biochemistry major, she agreed she would be willing to wear Sac State apparel for the opportunity to get some free goodies.

"I usually just see people wearing Sac State clothes in the Union going around passing out things like little candy bags to whoever is wearing a Sac State shirt or something school related," Chande said.

"Spirit Fridays" have been an ongoing initiative on our campus since fall 2014.

The intent behind this initiative is to offer a fun incentive for students to show their school pride.

"I would like to buy a shirt from the bookstore but they don't have my size...but then again, they do have hats," said Francisco Villa.

Villa is a criminal justice major who just started his first semester as a transfer student at Sac State.

He hasn't heard of "Spirit Fridays" before but considered purchasing a hat to show his pride for his new campus.

"I have a friend who works at the Union that's always telling me to make sure I wear my "green and gold," said George Cambria, a fourth-year communication studies major. "I think it's pretty cool that we do that because I feel like it might make more students stay on campus on Fridays...I love our campus don't get me wrong, and I don't want to sound corny, but we need more spirit. So this thing the Union has going on, it's pretty cool."

Villa and Winderkaur, like many students, may have been out of the loop but wanted to join in on the fun.

If you care to join in as well, make sure to sport your campus-affiliated apparel every Friday throughout the academic year, and even have a chance to get randomly selected by the "Prize Patrol."

To learn more about some of the other campus events going on in the Union and around campus, check out Sac State's Master Calendar.

Panel discusses art on campus

Alyson Poveda
@15_alyson

Last Thursday, the Department of Art held a panel discussion formed by seven panelists discussing the campus' art treasure collections.

As Sacramento State students and faculty walk through the campus, they are surrounded by art like pictures, sculptures and paintings.

Few people realize all the hard work done by the Department of Art to preserve the art while providing the multicultural environment that all students and faculty enjoy here at the campus.



Issac Lee
The State Hornet

Through the leadership of Elaine O'Brien, manager of the art department collection, the panelists each oversee one of six different art collections: The University Library Archive and Special Collections, Tsakopoulos Hellenic Collection, University Union, School of the Arts, and the departments of Anthropology Art, talked about their individual treasures and issues that each collection faces.

Each of the panelist agreed that the purpose of each art pieces in their collection is to be used as teaching tools for students to be engage in learning the material and do research on individuals artists. Overall, the essence of what each collection wants, is to provide and make art accessible as well as foster more awareness to the public in general; through events, lectures and exhibitions.

"One of our goals is to ensure that the art works are visible to the public on campus but also visible to the public online," said University Union Gallery Studio Manager Rebecca Voorhees. Many of the collections are thinking or are setting websites to show their art pieces online.

In some collections, the creation of a web site can open an eye to the public to some of the art pieces that are not available due to their historic valuable context.

An example are the documents, manuscripts and photographs of the abrogation that the Special Collection and University Archives holds of the imprisonment suffered by the Japanese Americans during World War II.

Sheila O'Neill, emerita librarian and former head of the Department of Special Collections and University Archives, illustrated that some archives held under her collection are valuable because they record the historical cultural and environmental movements.

The collection holds "some images that reflect the past and the present and conciseness of those communities about their past and their present," said O'Neill.

As many of the panelists pointed out, one of the reasons why some art, such as the Tsakopoulos Hellenic Collection and the Japanese American Archival collection are not always open to the public is because of security issues.

George Paganelis, curator of the Tsakopoulos Hellenic Collection, explained that the department avoids placing original art on display at the third floor of the campus library because it is not considered a secured space. The University Library Gallery tries to place pieces that they collect in public spaces around the campus, but since there is not much security or spaces, the library is not accepting new art donations



Issac Lee - The State Hornet
Panelists answer a question of whether CSUS should open a new museum at "Treasure Revealed" on Thursday, Sept. 17, 2015.

"We are no longer going to accept gifts, because we do not have a way to take care of it, we do not have a way to storage it, and we do not have a budget to back them up," said Phil Hitchcock, Director of the University Library Gallery.

Many great art collections have been turned down in the past three weeks, because the department can no longer take care of new art pieces.

"I do not think you can be responsible to accept gifts, if you cannot accept them in the proper environment," said Hitchcock.

Space and security is the big issue that most of the collections faced, as a result most collections cannot expose their art pieces all the time to the public. The campus has hundreds of art pieces that decorate the campus to show its diversity, but there are thousands of art pieces hidden that hide the endured, creativity and diversity that is human history.

Without a safe and specific place to display art pieces from all the collections, the department feels that students and the community are missing the experience to view historical context that define their heritages as a community.

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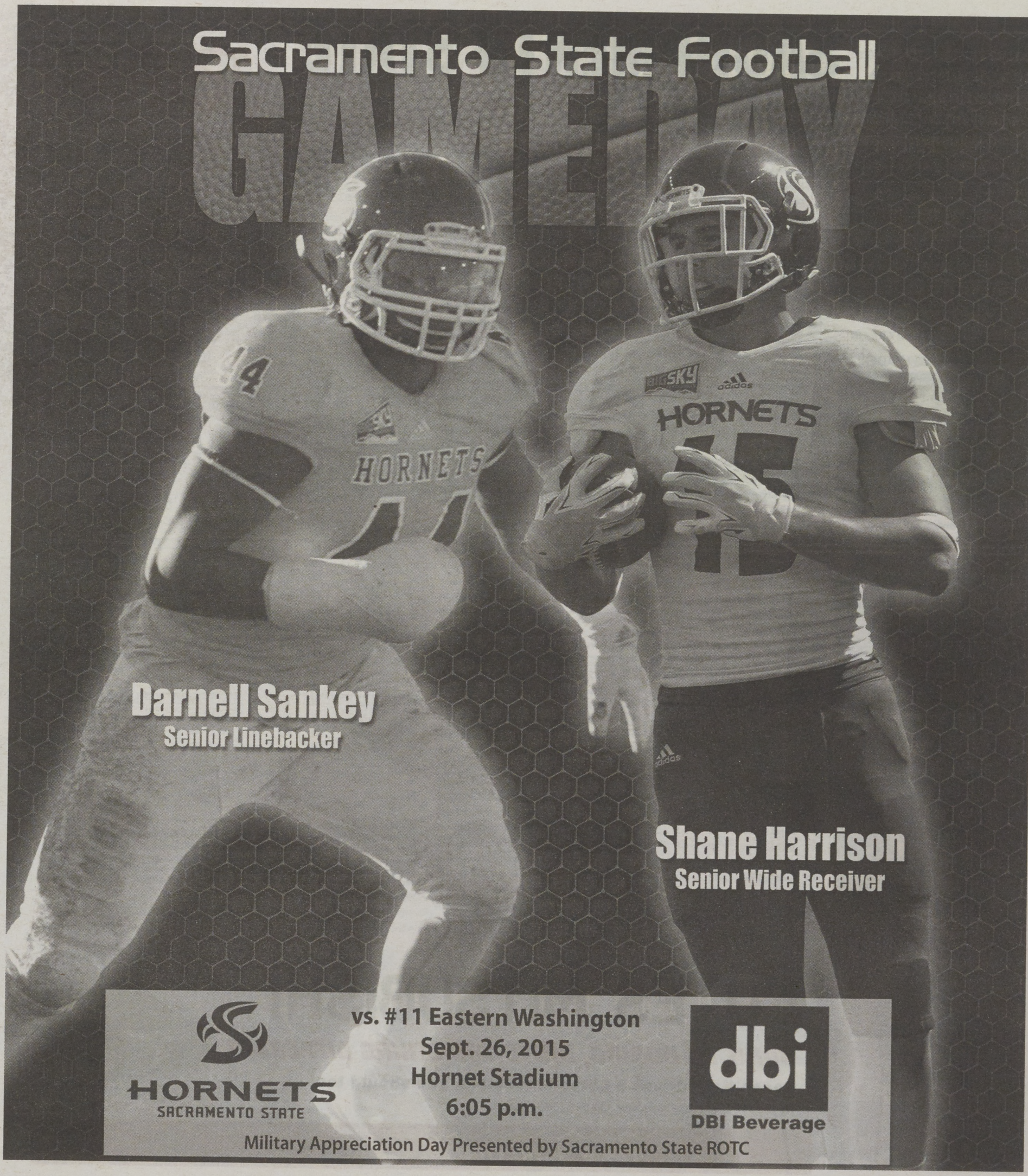
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DAN SODER
FROM INSIDE AMY SCHUMER & TRAINWRECK!
SUNDAY 9/20
FUTURE OF COMEDY SHOWCASE
THURSDAY 9/24 - SATURDAY 9/26
JESSIMAE PELUSO
FROM MTV'S GIRL CODE!


THURSDAY 10/1 - SUNDAY 10/4
BYRON BOWERS
FROM THE ERIC ANDRE SHOW & GUY CODE!
WEDNESDAY 10/7
SACRAMENTO COMEDY FESTIVAL PRESENTS:
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Sacramento State Football

GAMEDAY



Darnell Sankey
Senior Linebacker

Shane Harrison
Senior Wide Receiver

HORNETS
SACRAMENTO STATE

vs. #11 Eastern Washington
Sept. 26, 2015
Hornet Stadium
6:05 p.m.

dbi
DBI Beverage

Military Appreciation Day Presented by Sacramento State ROTC

SACRAMENTO STATE HORNETS

Presented by Raley's

PASSING LEADER



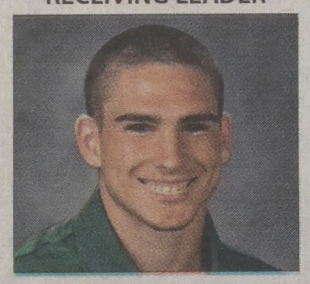
Daniel Kniffin
54-of-101, 600 yds, 3 TD, 4 INT

RUSHING LEADER



Jordan Robinson
40 att, 197 yds, 2 TD

RECEIVING LEADER



Shane Harrison
14 rec, 206 yds, 0 TD

TACKLES LEADER



Darnell Sankey
43 tackles, 2.5 TFL, 1.0 sacks

No.	Name	Pos.	Ht.	Wt.	Cl.	Exp.	Hometown/Previous School
1	Joey Banks	DB	5-10	190	Fr.	RS	Elk Grove, Calif./Franklin HS
2	Jordan Thomas	DB	6-0	190	Fr.	HS	Sacramento, Calif./Inderkum HS
3	Kolney Cassel	QB	6-2	200	So.	TR	Yakima, Wash./SMU
4	Demetrius Warren	RB	5-6	185	Jr.	2V	Fresno, Calif./Bullard HS
5	Isiah Hennie	WR	5-7	150	So.	1V	San Diego, Calif./San Marcos HS
6	Nate Ketteringham	QB	6-3	200	Fr.	HS	San Diego, Calif./Centennial HS
7	Joshua Armstrong	DB	6-0	180	Sr.	3V	Redlands, Calif./East Valley HS
8	Dominic Coulter	WR	6-3	225	Sr.	1V	Tustin, Calif./Nevada
9	Malcolm Thomas	DB	6-0	205	Fr.	HS	Roseville, Calif./Woodcreek HS
10	Austin Clark	DB	5-11	195	So.	1V	Cottonwood, Calif./West Valley HS
11	Stone Sander	TE	6-4	230	So.	1V	Auburn, Calif./Placer HS
12	Alexis Robinson	QB	6-3	200	Fr.	TR	Eureka, Calif./Baylor
13	James Ferraro	DB	5-11	180	So.	RS	Fullerton, Calif./Golden West JC
14	Trevor Wright	WR	5-11	180	Fr.	RS	Upland, Calif./Upland HS
15	Shane Harrison	WR	6-2	210	Sr.	2V	Chatsworth, Calif./Sierra Canyon HS
16	Daniel Kniffin	QB	6-2	200	So.	1V	Ft. Worth, Texas / Rocklin HS
17	Nolan Merker	QB	5-10	175	Fr.	RS	Elk Grove, Calif./Sheldon HS
18	Hunter Rockwell	RB	5-10	190	Jr.	RS	Newark, Calif./Chabot JC
19	Nick Crouch	DB	6-0	200	Jr.	2V	Trabuco Canyon, Calif./Tesoro HS
20	Nicholas Payne	DB	6-1	175	Sr.	2V	San Diego, Calif./Mira Mesa HS
21	Marcus Green	DB	5-9	180	So.	1V	Elk Grove, Calif./Franklin HS
22	Jeremiah Reddick	RB	6-0	205	Fr.	RS	Bakersfield, Calif./Bakersfield HS
23	Dre Terrell	DB	5-7	190	Fr.	RS	Elk Grove, Calif./Pleasant Grove HS
24	Anthony Payne	DB	6-1	190	Jr.	2V	San Diego, Calif./Mira Mesa HS
25	Jordan Robinson	RB	5-11	195	Jr.	2V	Chino Hills, Calif./Ayala HS
26	Ernest Jenkins	DB	6-0	180	So.	1V	Sacramento, Calif./Burbank HS
27	Tyler Young	WR	5-7	180	Jr.	JC	Sacramento, Calif./American River JC
28	Hakeem Mays	RB	5-11	170	Fr.	HS	Antioch, Calif./Willow Glen HS
29	Manny Scott-Anderson	DB	5-11	190	Fr.	HS	Vallejo, Calif./Elk Grove HS
30	Mister Harriel	RB	6-0	190	Fr.	HS	Sacramento, Calif./Antelope HS
31	Tamas Stewart	DB	5-11	185	Fr.	RS	Rialto, Calif./Carter HS
32	Garrett Steele	RB	6-0	220	Sr.	1V	Kingsburg, Calif./Fresno City JC
33	Remmy Nerio	DB	6-2	190	Fr.	HS	Riverside, Calif./Arlington HS
34	Marcus Bruce	DB	5-10	180	Fr.	HS	Bakersfield, Calif./Bakersfield HS
35	Jason Williams	DB	5-8	150	Fr.	RS	Murrieta, Calif./Vista Murrieta HS
36	Elijah Wallace	DB	6-0	190	Fr.	HS	Victorville, Calif./Hesperia HS
37	John Wagstaff	LB	6-3	220	Fr.	RS	Sacramento, Calif./Christian Brothers HS
38	Nick Melchor	DB	6-0	190	So.	RS	San Jose, Calif./Gunderson HS
39	Sedrick Thomas	DB	5-11	160	Fr.	HS	Elk Grove, Calif./Pleasant Grove HS
40	Tyree Thompson	LB	6-3	225	Fr.	HS	Los Angeles, Calif./Bishop Alemany HS
41	Casey Longaker	LB	6-0	220	Fr.	HS	Petaluma, Calif./Casa Grande HS
42	Josh Latham	LS	6-2	250	Sr.	2V	Redding, Calif./Foothill HS
43	Nick Mazza	DL	6-2	275	Sr.	3V	Clayton, Calif./Clayton Valley HS
44	Darnell Sankey	LB	6-2	250	Sr.	3V	San Jose, Calif./Branham HS
45	Jacob Bowman	LB	6-1	230	Jr.	2V	Palmdale, Calif./Chaminade HS
46	Blake Cuzzupoli	P	6-0	220	Fr.	HS	Mission Viejo, Calif./Trabuco Hills HS
47	Justin Holloway	LB	6-2	235	Fr.	HS	Chula Vista, Calif./Otay Ranch HS
48	Kevin McKinney	LB/LS	6-0	220	Fr.	HS	Mission Viejo, Calif./Trabuco Hills HS
51	Taylor Tappin	OL	6-5	295	Fr.	RS	Windsor, Calif./Windsor HS
52	PJ Johnson	DL	6-3	265	Fr.	RS	Sacramento, Calif./Burbank
53	Ivan Espiritu	OL	6-3	280	Fr.	RS	Reedley, Calif./Reedley HS
54	Tyler Meteer	LB	6-2	220	So.	1V	Loomis, Calif./Del Oro HS
55	Manoah Pearson	LB	6-0	225	Fr.	HS	Carson, Calif./Carson HS
56	Xavier Hernandez	LB	6-3	220	Fr.	HS	Villa Park, Calif./Villa Park HS
57	Smith Heath	P	6-1	200	Sr.	3V	Chico, Calif./Pleasant Valley HS
58	Brad Cornish	K	6-3	195	Sr.	3V	Santee, Calif./Santana HS
59	Wyatt Ming	DL	6-2	340	Fr.	RS	Lodi, Calif./St. Mary's HS
60	Nick Bianco	OL	6-3	295	Fr.	HS	Visalia, Calif./Redwood HS
62	David Villanueva	OL	6-1	300	Sr.	1V	Escondido, Calif./Palomar JC
64	Ricky Williams	OL	6-3	285	Fr.	HS	Sutter, Calif./Sutter HS
65	Pailake Aiono	OL	6-3	330	So.	1V	West Covina, Calif./South Hills HS
67	Rajaee Jordan	OL	6-5	285	So.	1V	Clovis, Calif./Buchanan HS
68	Devon Medeiros	K	5-6	180	Fr.	RS	Hilmar, Calif./Hilmar HS
70	Tim Hernandez	LS	6-2	260	Sr.	1V	Bellflower, Calif./Fullerton JC
71	Pu'e Togia	OL	6-3	274	So.	1V	Carson, Calif./Carson HS
72	Casey Dakin	OL	6-4	285	Jr.	2V	Templeton, Calif./Templeton HS
73	George Uribe	OL	6-1	295	Fr.	HS	Folsom, Calif./Vista Del Lago HS
74	Ruben Meza	OL	6-5	265	Fr.	RS	Murrietta, Calif./Murrietta Mesa HS
75	Jonathan Bade	OL	6-5	250	So.	1V	American Canyon, Calif./Ameri. Canyon HS
76	Lars Hanson	OL	6-8	305	Sr.	3V	Bermuda Dunes, Calif./Palm Desert HS
77	Kyle Evanski	DL	6-3	280	So.	1V	Citrus Heights, Calif./Del Campo HS
78	Anthony Viveiros	OL	6-1	280	Sr.	1V	Castro Valley, Calif./Laney JC
79	Oscar Nava	DL	6-2	335	Fr.	HS	Rohnert Park, Calif./Rancho Cotate HS
80	Isiah Spencer-Lopez	WR	6-5	200	Fr.	HS	Pasadena, Calif./La Salle HS
81	Jabarri Johnson	WR	6-4	210	Fr.	RS	Oakland, Calif./Franklin HS
82	Aaron Maher	TE	6-3	225	So.	1V	Santa Rosa, Calif./Analy HS
83	Jaelin Ratliff	WR	5-10	165	Fr.	RS	Stockton, Calif./St. Mary's HS
84	Damon Jackson	WR	5-10	165	Fr.	RS	Tracy, Calif./Kimball HS
85	Johnnie Rucker	WR	6-4	185	Fr.	HS	Long Beach, Calif./Long Beach Poly HS
86	Nnamdi Agude	WR	6-3	195	Sr.	3V	Corona, Calif./Santiago HS
87	Justin Cox	WR	6-2	185	Sr.	2V	Lodi, Calif./St. Mary's HS
88	John McGill	TE	6-3	240	Fr.	HS	Ventura, Calif./St. Bonaventure HS
89	John Cortez	TE	6-3	225	So.	1V	Rosamond, Calif./Lancaster HS
90	CJ Cambra	DL	6-0	290	Fr.	HS	Madera, Calif./Liberty HS
92	Antonio Hayes	DL	6-0	270	Sr.	2V	Portland, Ore./Foothill JC
93	Peter Nonu	DL	6-0	360	Sr.	1V	Long Beach, Calif./Mt. SAC JC
94	Vince Elefante	DL	6-4	280	Fr.	HS	Upland, Calif./Upland HS
95	George Obinna	DL	6-2	235	Fr.	RS	Tracy, Calif./Tracy HS
96	Lennard Cowans	DL	6-2	250	So.	TR	Orange, Calif./South Dakota State
97	Terrance Jackson	DL	6-3	225	Fr.	HS	Inglewood, Calif./Santa Monica HS
98	Ben Sorensen	DL	6-4	250	So.	1V	Clovis, Calif./Buchanan HS
99	JJ Castillo	DL	6-4	285	Sr.	1V	Lincoln, Calif./Yuba JC

Head Coach: Jody Sears, 2nd Season
Assistant Coaches: Paul Peterson, Off. Coordinator/Quarterback; Tyler Almond, Linebackers; Fred Kelley, Tight Ends/Special Teams Coordinator/Recruiting Coordinator; Bill Laveroni, Off. Line; Sammy Lawanson, Running Backs; Anthony Parker, Safeties; Jason Pollak, Wide Receivers, Solomona Tapasa, Def. Line; James Montgomery, Off., Assistant; Henry Fernandez, Def. Assistant; Ryan Smaha, Dir. of Operations; Chris Chavez, Asst. Dir. of Operations; Grant Smith, Video Coordinator; Brandon Padilla, Athletic Trainer; Jared Nessland, Strength & Conditioninag; Kercia Brakel, Admin. Assistant.

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No.	Name	Pos.	Ht.	Wt.	Cl.	Exp.	Hometown/Previous School
1	Shaq Hill	WR	5-10	180	Sr.	3V	Stockton, Calif./Brookside Christian HS
2	Jabari Wilson	RB	5-11	200	Jr.	2V	Carson, Calif./Orange Lutheran HS
3	Frank Cange	DB	5-9	170	Sr.	2V	Renton, Wash./Lindbergh HS
4	Todd Raynes	DB	6-2	210	Sr.	3V	Kenmore, Wash./Inglemoor HS
5	Jordan West	QB	6-4	220	Jr.	1V	Maple Valley, Wash./Liberty HS
6	Nzuzi Webster	DB	5-10	170	Fr.	HS	Antioch, Calif./Deer Valley HS
7	Nic Sblendorio	WR	6-0	190	So.	1V	Sammamish, Wash./Skyline HS
8	Miles Weatheroy	DB	6-1	190	Sr.	3V	Portland, Ore./Jesuit HS
9	Zach Wimberly	TE	6-2	240	Jr.	2V	Tumwater, Wash./Tumwater HS
10	Cooper Kupp	WR	6-2	205	Jr.	2V	Yakima, Wash./Davis HS
11	Kendrick Bourne	WR	6-3	190	Jr.	2V	Portland, Ore./Milwaukie Arts Academy
12	Reilly Hennessey	QB	6-3	200	Fr.	HS	Camas, Wash./Camas HS
13	Mitch Fettig	DB	6-0	175	Fr.	HS	Olympia, Wash./Olympia HS
15	Gage Gubrud	QB	6-2	195	Fr.	HS	McMinnville, Ore./McMinnville HS
17	Jake Hoffman	DB	6-0	170	So.	1V	Spokane, Wash./North Central HS
18	D'Iondo Tucker	DB	6-0	170	So.	1V	Federal Way, Wash./Federal Way HS
19	Josh Lewis	DB	6-0	170	Fr.	HS	Lakewood, Wash./Steilacoom HS
20	Sam McPherson	RB	5-10	190	Fr.	HS	Bothell, Wash./Bothell HS
21	Rashad Wadood	DB	5-11	185	Sr.	1V	Long Beach, Calif./Arizona State
22	Simba Webster	WR	5-10	170	Fr.	HS	Antioch, Calif./Deer Valley HS
23	Moe Roberts	DB	5-10	180	So.	1V	Cashmere, Wash./Cashmere HS
24	Asan Neil-Evergin	DB	5-9	175	Fr.	HS	Olympia, Wash./Timberline HS
27	Victor Gamboa	DB	6-0	180	So.	1V	Tacoma, Wash./Washington HS
28	Jalen Moore	RB	5-10	195	Jr.	2V	La Puente, Calif./Bishop Amat HS
29	Austin Flynn	WR	6-3	210	So.	SQ	Spokane Valley, Wash./University HS
30	Brandon Montgomery	DB	5-9	175	Fr.	HS	Tacoma, Wash./Wilson HS
31	Ashanti Kindle	RB	5-11	200	Fr.	HS	Puyallup, Wash./Emerald Ridge HS
32	Zach Bruce	DB	5-10	190	Jr.	2V	Spokane, Wash./University HS
33	Malcolm Williams Jr.	RB	5-10	175	Fr.	HS	Fresno, Calif./Sunnyside HS
35	Alek Kacmarcik	LB	6-1	205	Fr.	HS	Woodinville, Wash./Woodinville HS
36	J.J. Njoku	DB	5-9	200	Jr.	SQ	Tacoma, Wash./Lakes HS
37	Cole Karstetter	DB	5-11	180	Fr.	HS	Spokane, Wash./Ferris HS
39	Curtis Billen	LS	6-2	230	Fr.	HS	Everett, Wash./Mariner HS
40	Ketner Kupp	LB	6-0	210	Fr.	HS	Yakima, Wash./Davis HS
42	Colin Cossette	RB	6-0	210	Fr.	HS	Kent, Wash./Kennedy Catholic HS
43	Jake Gall	LB	6-1	215	So.	1V	Cle Elum, Wash./Roslyn HS
44	John Kreifels	LB	5-9	205	So.	1V	Modesto, Calif./Thomas Downey HS
45	Jordan Dascalo	P	6-1	220	So.	TR	Los Angeles, Calif./Washington State
46	Conner Baumann	DL	6-2	230	So.	1V	Bellevue, Wash./Newport HS
47	Kody Beckering	LB	6-0	190	Fr.	HS	Fresno, Calif./Sunnyside HS
49	Miquiyah Zamora	LB	6-1	220	Jr.	2V	Pasco, Wash./Chiawana HS
51	Brandyn Bangsund	K	5-11	185	Fr.	HS	Kent, Wash./Kentwood HS
53	Jonah Jordan	DL	6-2	250	Fr.	HS	Spokane, Wash./Mead HS
55	Andre Lino	DL	6-3	265	So.	1V	Seattle, Wash./Blanchet HS
56	Jakob Stoll	DL	6-2	260	Fr.	HS	Wenatchee, Wash./Wenatchee HS
58	David Delgado	OL	6-3	310	Sr.	1V	Amer. Cyn., Calif./St. Patrick-St. Vincent HS
59	Kurt Calhoun	LB	6-2	210	Fr.	HS	Zillah, Wash./Zillah HS
60	Jerrod Jones	OL	6-5	295	Jr.	1V	Arlington, Wash./Lakewood HS
61	Jay Deines	OL	6-4	290	Sr.	2V	Issaquah, Wash./Issaquah HS
63	Jack Hunter	OL	6-4	285	Fr.	HS	Spokane, Wash./Gonzaga Prep HS
66	Thomas Gomez	OL	6-3	295	Sr.	2V	Graham, Wash./Graham Kapowsin HS
68	Jim Townsend	DL	6-4	230	Fr.	HS	Okanogan, Wash./Okanogan HS
70	Matt Meyer	OL	6-5	310	Fr.	TR	Lynden, Wash./Washington State
72	Aaron Neary	OL	6-4	300	Sr.	3V	Richland, Wash./Hanford HS
73	T.J. Boatright	OL	6-5	290	Sr.	3V	Vancouver, Wash./Union HS
74	Nick Ellison	OL	6-7	270	Fr.	HS	Moscow, Idaho (Moscow HS
75	Spencer Blackburn	OL	6-3	280	Fr.	HS	Bellingham, Wash./Meridian HS
76	Tyler McNannay	K/P	6-1	175	Sr.	TR	Colfax, Wash./Washington State
78	Clay DeBord	OL	6-6	305	Sr.	3V	Asotin, Wash./Asotin HS
79	Cassidy Curtis	OL	6-7	305	Sr.	3V	Denver, Colo./Cherry Creek HS
80	Zach Eagle	WR	5-8	165	Fr.	HS	Camas, Wash./Camas HS
81	Stu Stiles	WR	6-0	170	Fr.	HS	Spokane, Wash./Mt. Spokane HS
82	Jake Withnell	TE	6-4	245	Sr.	3V	Salem, Ore./South Salem HS
83	Jalani Phelps	WR	6-3	185	Fr.	HS	Lynden, Wash./Lynden HS
85	Henderson Belk	TE	6-4	230	Fr.	HS	Mukilteo, Wash./Kamiak HS
95	Beau Byus	TE	6-5	235	Fr.	HS	Spokane, Wash./Central Valley HS
88	Terence Grady	WR	6-5	200	So.	1V	Kent, Wash./Kentwood HS
89	Terry Jackson II	TE/LS	6-4	235	Sr.	2V	Sacramento, Calif./Bella Vista HS
90	Keenan Williams	DL	6-3	260	Fr.	HS	Cheney, Wash./Cheney HS
91	Samson Ebukam	DL	6-3	240	Jr.	2V	Portland, Ore./David Douglas HS
92	Nick Foerstel	DL	6-3	230	So.	1V	Tumwater, Wash./Tumwater HS
93	Marcus Saugen	DL	6-4	210	So.	1V	Spokane, Wash./North Central HS
94	Matthew Sommer	DL	6-5	310	Jr.	2V	Salem, Ore./West Salem HS
97	Kaleb Levao	DL	6-3	290	Fr.	HS	Aberdeen, Wash./Aberdeen HS
98	Monike Sarte	DL	6-1	290	Fr.	HS	Fife, Wash./Fife HS
99	Jay-Tee Tiuli	DL	6-4	315	So.	1V	Seattle, Wash./Federal Way HS

Head Coach: Beau Baldwin, 8th Season
Assistant Coaches: John Graham, Associate Head Coach/Tight Ends; Aaron Best, Running Game Coordinator/Off. Line; Zak Hill, Passing Game Coordinator/Quarterbacks; Jeff Schmedding, Def. Coordinator/Safeties; Ryan Sawyer, Def. Front Coordinator/Def. Line; Josh Fetter, Linebackers; Brian Strandley, Def. Line; Cherokee Valeria, Cornerbacks; Kiel McDonald, Running Backs/Video Coordinator; Nicholas Edwards, Wide Receivers; Amir Owens, Dir. of Athletic Performance; Jake Shelley, Dir. of Football Operations.

2015 BIG SKY STANDINGS

	BIG SKY GAMES					ALL GAMES					
	W	L	PCT.	PF	PA	W	L	PCT.	PF	PA	STRK
Portland State	1	0	1.000	34	14	2	0	1.000	58	31	W2
Southern Utah	1	0	1.000	30	3	1	2	.333	49	70	W1
North Dakota	0	0	0.000	0	0	2	1	.667	54	65	L1
Northern Arizona	0	0	0.000	0	0	2	1	.667	88	110	L1
Montana State	0	0	0.000	0	0	1	1	.500	95	69	L1
Cal Poly	0	0	0.000	0	0	1	2	.333	61	88	L2
Eastern Washington	0	0	0.000	0	0	1	2	.333	132	149	W1
Montana	0	0	0.000	0	0	1	2	.333	78	86	L2
Sacramento State	0	0	0.000	0	0	1	2	.333	55	101	L2
Weber State	0	0	0.000	0	0	1	2	.333	53	81	W1
UC Davis	0	0	0.000	0	0	0	3	.000	61	105	L3
Northern Colorado	0	1	0.000	3	30	2	1	.667	79	74	L1
Idaho State	0	1	0.000	14	34	1	2	.333	69	86	L2

PASSING LEADER



Jordan West
68-of-87, 1,052 yds, 12 TD, 2 INT

RUSHING LEADER



Jabari Wilson
41 att, 248 yds, 4 TD

RECEIVING LEADER



Cooper Kupp
38 rec, 626 yds, 8 TD

TACKLES LEADER



Alek Kacmarcik
30 tackles, 4.0 TFL, 2.0 sacks

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Each time the Hornets score a touchdown, a lucky fan wins a prize from a great restaurant! Here's how it works. 1. Find your lucky number on the front page of your State Hornet. 2. Listen to the announcement after a touchdown is scored. 3. If your number is called, bring your lucky State Hornet to the Green Army table at the 50-yard line and claim your prize! 4. You must be present to win. Good luck!

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ARE YOU HUNGRY TONIGHT?!



SACTO MOFO

Sacramento Mobile Food Events, or SactoMoFo if you wanna get familiar, is proud to support Sacramento State Athletics this season.

SactoMoFo produces street food events throughout the region ... including tonight's Hornets Football game.

Enjoy tonight's selections!

Farm-to-Fork: Eat fresh & local

Making healthier choices about food by buying produce locally

Marissa Montoya
@mamalou823

College students are notorious for eating instant noodles, frozen foods, and cheap pizza. It is time to revamp the typical college student cuisine and get passionate about where our food comes from.

Sacramento State is located in the middle of a city that has been proclaimed by Farm-to-Fork as the Capital of America, so one can find many ways to regularly eat fresh produce, even on a college student's budget. The Sacramento region is home to 1.5 million acres of regional farmland and 8, 000 acres of boutique farms, according the Sacramento Farm-to-Fork website. Students should take advantage of living in the land of plenty and learn about Sacramento's rich agricultural spirit, and how it can benefit them.

"People should understand the importance of agriculture in their lives and the process that it takes to get food in the grocery store and not take that for granted," explained Christine McMorrow, director of development at the Center for Land-Based Learning in Winters, California. "We have a lot of people to feed. The future is going to depend on agriculture and finding solutions to today's issues. Young people are going to be the ones creating those solutions."

The first step is being aware and knowledgeable about the importance of sustainable agriculture and the role it plays in being able to eat fresh and local. The next step of incorporating the farm-to-fork lifestyle into a busy schedule can be challenging for college students juggling a tight budget, classes, projects, studying, working, and having a social life.

Amber Stott, founder and chief food genius of Food Literacy Center in Sacramento, explains that it is okay to eat Top Ramen, but there are ways add nutritional value those noodles.

She suggests not using the sodium-packed seasoning that comes with the noodles, but rather make a homemade vegetable stock from green onion, shredded cabbage, grated carrots, and celery, or really whatever you have on hand.

"Vegetables are actually way cheaper than buying frozen meals and burritos. Cooking from scratch is really the most cost effective way to eat," Stott explained. "Go at the end of the farmer's market and they bag up all the groceries they didn't sell that day."

The Sacramento region is home to over 40 farmer's markets, including one of the largest California Certified Farmer's Markets in the state. September is Farm-to-Fork month in Sacramento, and the month-long celebration is culminating with a free festival at Capitol Mall on Saturday, Sept. 26.

The festival is a great opportunity to meet representatives from various farms and organizations such as Center for Land-Based Learning and Food Literacy Center. There will also be prizes in the form of produce and cooking demonstrations from top Sacramento chefs like Kurt Spataro, co-owner and executive chef for Paragary Restaurant Group.

Spataro has been an advocate for eating Farm-to-Fork long before it became the trend. He recommends eating what is in season because those items are always the least expensive, the most nutritious and usually the tastiest.

"You have to be willing to learn a little bit about looking. You don't have to be a great chef or anything, but you have to be willing to pull out a pot and a knife and learn the basics," Spataro said. "If you do, you will eat better, you will be healthier and it will improve your quality of life."



Marissa Montoya - The State Hornet

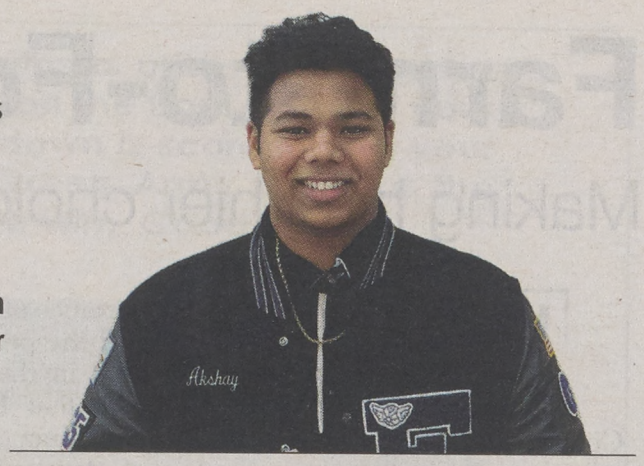
The view of the various farms from the Produce Express Farm Tour at Twin Peaks Orchard in Newcastle, Califorina in July 2015.

President Robert Nelsen is willing to give students a $500 credit per semester if they take 15 units. Knowing this, would you take 15 units to get paid $500?



Christopher Mundy
junior, English major

"It sure is an appealing offer, you know $500 per 15 units, but you have to consider that if you are a working student, like I am, I work to support myself from school, it might not be doable for me to work and do 15 units just for $500."



"Yes, I would do it anyways without the $500, just to get more units so I can graduate early."

Akshay Singh
freshman, business major



"It depends on the units. I would probably take 15 units anyways, so $500 extra would definitely be helpful for me, so yes."

Christina Mandich
senior, business major



"Yes, because I need it and I also want to graduate soon."

Jonathan Ragland
freshman, business major



"No, I feel it is way too little for 15 units."

Jakheline Rodriguez
junior, psychology major

Cell phones earn Pocket Points

Pay attention in class and get paid to do it with new mobile app

Nadine Tanjuakio
@nadinetanj

Sigma Chi brothers and schoolmates Mitch Gardner and Robert Richardson launched a new app called Pocket Points.

The app was designed to motivate students to not use their phones during class.

If a user doesn't touch their phone, they would be rewarded a point after a certain amount of time.

The time depends on how many users are currently on and on what level he or she is.

"I was studying business marketing and Rob was taking up computer science," Gardner said. "We wanted to do something more than just an average job. We wanted to start our own company."

The app founders are currently on break from studying at Chico State, but the idea was planted during last year's spring semester.

They were able to launch the first version in fall 2014 for iOS users. This month, a version was made available for Android users.

"[Richardson] was in class one day, and saw everyone's head down. That sparked an idea: what if we were to reward them for not being on their phones?" Gardner said. "We were spitting ideas back and forth until I could not stop thinking about it. The next few weeks after that the idea progressed, turning the product into life."



The fraternity brothers currently have 10 full-time employees that assisted in the app, which has over 100,000 downloads.

The app has kept students from using their phones in class equivalent to 200 years worth of time.

Participating restaurants include Pita Pit, The Sandwich Spot, Wing Stop, Yogurtland and The Squeeze Inn.

"Any businesses surrounding college campuses always tries to get the attention of students," Gardner said. "We're bringing in a lot of them by having discounts to the stores and turn new customers into loyal customers."

The co-founder mentioned the company's goal contained three parts.

"One, we've got the user side. We want to make the students happy and we also want to make sure they are benefiting from this. Not only are they getting better grades, but also saving money," Gardner said. "Two, we have got the teacher side. They just want more attentiveness in class and more productive lectures. And three, the business side. By creating new customers and turning them into loyal customers."

To use Pocket Points, students must enable location features so that it knows when the student is on campus or not.

Senior public relations student CJ Caraos has been using Pocket Points since school started two weeks ago and is currently at level 7.

"I have about 200 points and I've spent 50 on Wing Stop," Caraos said. "That was my first time using it because it was the only one that offered a free meal."

The more students use the app at the same time, the faster they can earn points. When they reach higher levels they can also earn points faster.

Junior business student Andrew Noble is at level 3. It took him one week to earn 31 points.

"I use the app every day from 10 a.m. to 3 p.m., but sometimes I forget to turn the app on," Noble said.

To earn points, users must open Pocket Points and lock their phone.

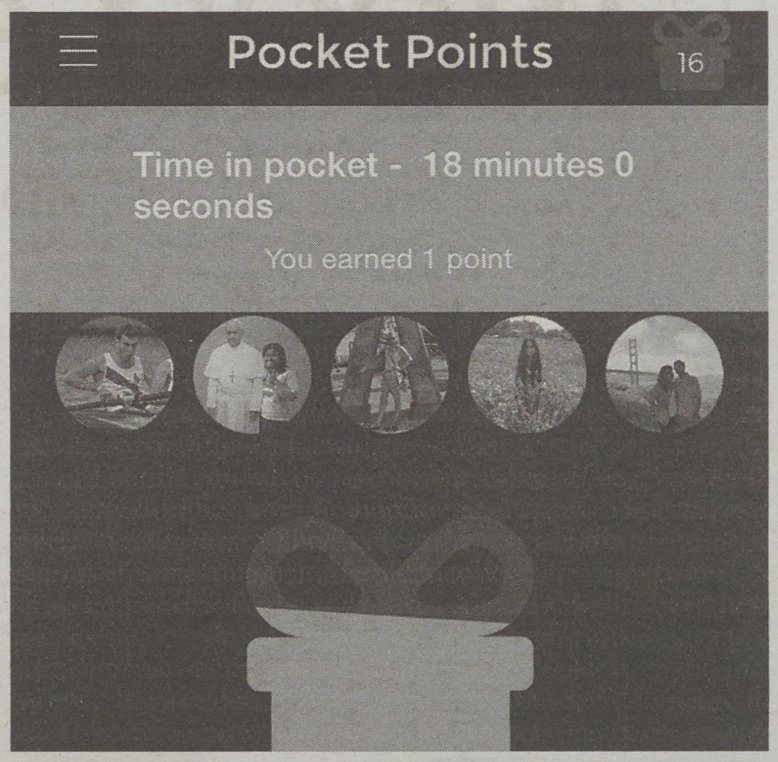
If the user opens another app, the earnings time pauses.

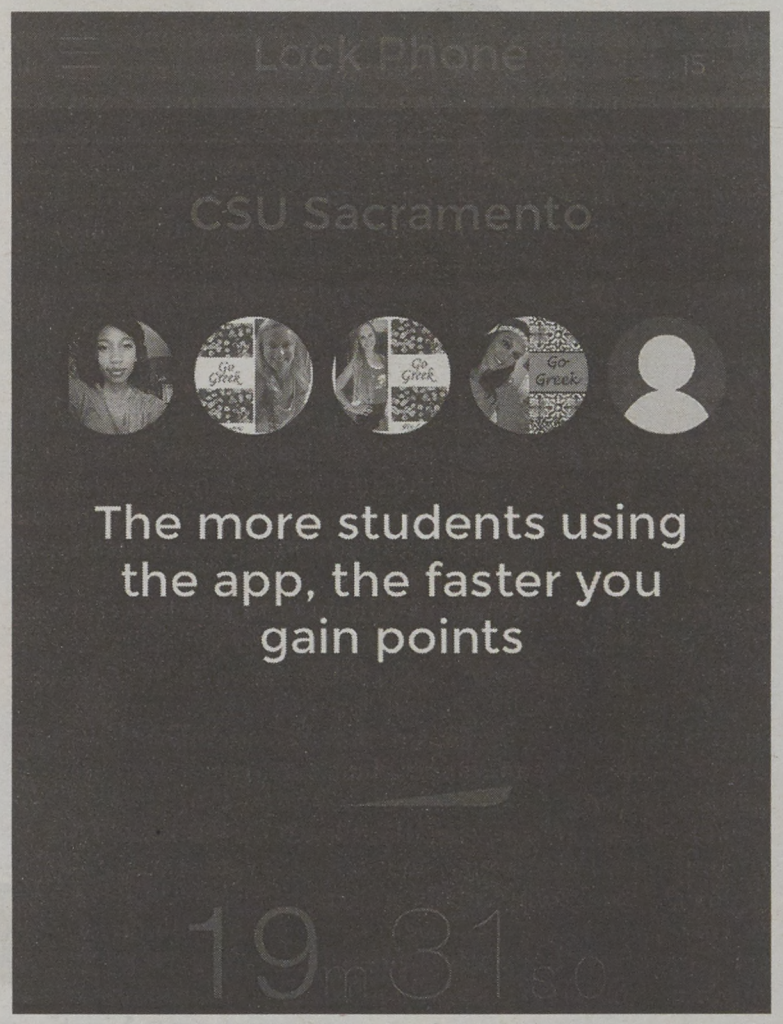
"I haven't claimed my points yet but my friend April used hers for Wing Stop. She's in love with Wing Stop so the app is pretty much a win and a dream come true for everyone."

Pocket Points has a leaderboard where it highlights top earning users according to all time, weekly and daily points.

It can also be filtered by a user's school or all qualified schools.

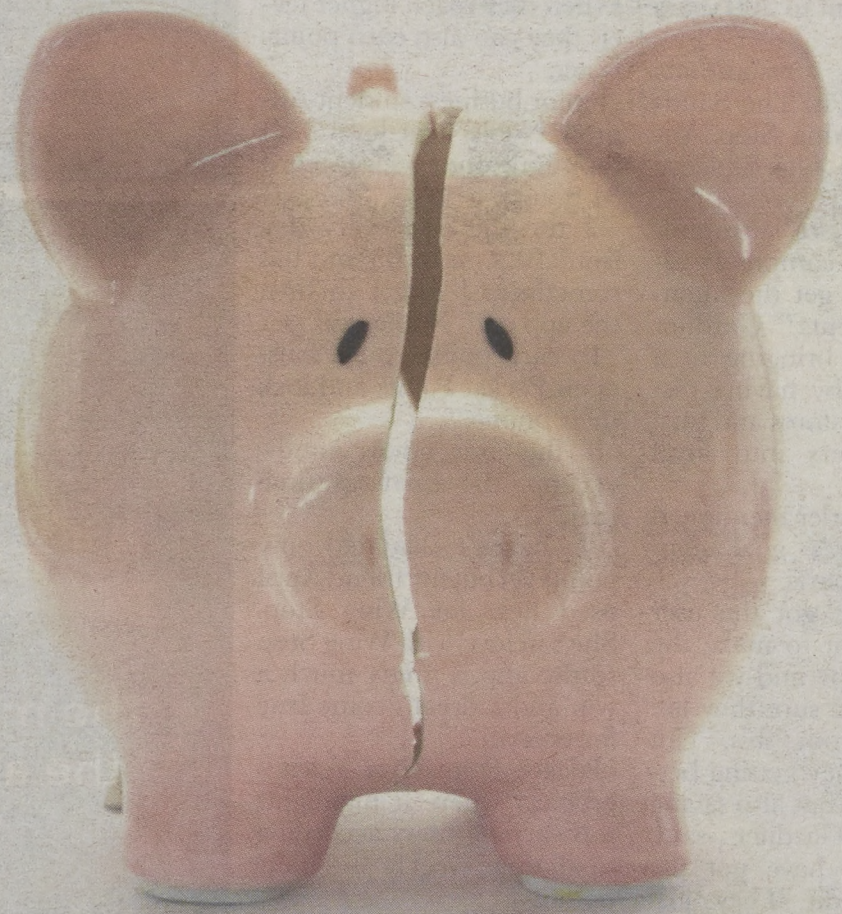
The company has hosted launch events around college campuses and will schedule one for Sacramento State in the future at an undetermined date.





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Contact: Kayla Nick-Kearney • (916) 627-5884 • nickkearneyk@gmail.com